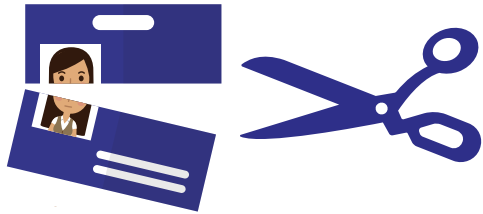


6 KEY TRENDS ABOUT PSYCHOLOGICAL HEALTH & SAFETY IN THE WORKPLACE

1



Since 2009, the proportion of Canadians who say their workplace is psychologically unhealthy or unsafe has been...

cut in half to 10%

2

THE NATIONAL STANDARD OF CANADA FOR PSYCHOLOGICAL HEALTH AND SAFETY IN THE WORKPLACE

In organizations implementing the Standard...

5%

Say their workplace is psychologically unhealthy or unsafe.



In organizations not implementing the Standard...

13%

Say their workplace is psychologically unhealthy or unsafe.

3

A difference of **5 days a year...**

SUN	MON	TUES	WED	THURS	FRI	SAT
			X	X	X	
			X	X		

At organizations that are implementing the Standard, employees who are or have experienced depression are missing less time (7.4 days per year) from work as a result than the average employee with depression (12.5).

4



8/10

Working Canadians say that they know about mental health conditions like depression (+13 points since 2007).

5

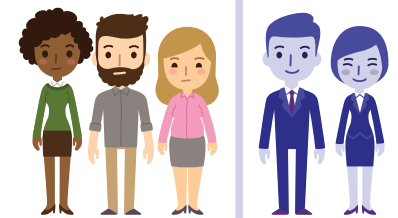
Since 2009, fewer workers describe a workplace that has serious or significant psychosocial concerns.



Most significant improvements have been made in the areas of civility and respect (27% are concerned, down 6 points) and balance (30%, down 5).

6

Employees have more concerns than managers.



For example, Employees were more **concerned** with areas of organizational culture (38% of employees vs. 28% of managers) and growth and development (38% of employees vs. 26% of managers).