



Thinking of your life in general, how often are you... - Summary Top 1 box (Always)

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Base: Total Respondents</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Happy	345	179	166	107	88	72	79	33	35	29	54	65	40	52	37
	11%	12%	9%	14%	10%	10%	9%	8%	9%	11%	12%	16%	9%	13%	7%
Sad	148	69	78	30	37	39	42	4	2	20	27	34	19	12	30
	5%	5%	4%	4%	4%	5%	5%	1%	*	8%	6%	9%	4%	3%	6%
Motivated	337	158	178	102	107	56	71	33	29	25	46	50	48	50	55
	10%	11%	10%	14%	12%	8%	8%	8%	7%	10%	11%	13%	10%	12%	11%
Frustrated	156	67	89	32	45	36	43	6	6	19	26	25	29	18	28
	5%	5%	5%	4%	5%	5%	5%	1%	1%	8%	6%	6%	6%	4%	6%
Excited	248	119	128	66	74	53	54	25	19	21	45	40	31	33	33
	8%	8%	7%	9%	8%	7%	6%	6%	5%	8%	10%	10%	7%	8%	7%
Anxious	384	164	220	58	85	106	134	15	19	54	80	51	61	44	60
	12%	11%	12%	8%	9%	15%	15%	4%	5%	21%	18%	13%	13%	11%	12%
Depressed	198	79	119	30	51	48	68	5	6	27	34	23	36	24	43
	6%	5%	7%	4%	6%	7%	8%	1%	2%	10%	8%	6%	8%	6%	9%
Angry	95	47	47	30	27	17	20	3	4	10	16	21	16	14	11
	3%	3%	3%	4%	3%	2%	2%	1%	1%	4%	4%	5%	3%	3%	2%
Stressed out	380	178	202	66	64	111	139	9	10	48	76	70	59	51	58
	12%	12%	11%	9%	7%	16%	16%	2%	2%	19%	17%	18%	13%	12%	12%
Overwhelmed	288	124	164	41	56	82	108	8	10	39	62	39	49	37	43
	9%	8%	9%	6%	6%	11%	12%	2%	2%	15%	14%	10%	11%	9%	9%
Confident	324	150	173	97	104	53	69	38	35	24	50	44	40	44	47
	10%	10%	10%	13%	11%	7%	8%	9%	9%	10%	12%	11%	9%	11%	10%
Isolated	250	107	143	53	66	53	78	3	9	22	45	46	54	37	35
	8%	7%	8%	7%	7%	7%	9%	1%	2%	9%	10%	12%	12%	9%	7%

Thinking of your life in general, how often are you... - Summary Top 2 box (Always/ Usually)

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Base: Total Respondents</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Happy	1831	861	970	458	505	403	462	237	236	147	227	222	242	256	266
	56%	58%	54%	61%	55%	56%	52%	58%	58%	58%	52%	56%	52%	62%	54%
		B		D										N	
Sad	661	283	378	114	158	167	219	22	35	75	112	107	114	79	117
	20%	19%	21%	15%	17%	23%	25%	5%	9%	30%	26%	27%	25%	19%	24%
Motivated	1391	655	735	373	403	281	330	178	156	98	174	190	186	190	220
	42%	44%	41%	50%	44%	39%	37%	44%	38%	38%	40%	48%	40%	46%	45%
		B		D								L			
Frustrated	751	322	429	145	203	176	225	30	55	79	125	104	117	109	132
	23%	22%	24%	19%	22%	25%	25%	7%	14%	31%	29%	26%	25%	26%	27%
									G						
Excited	1228	585	643	309	355	276	284	142	135	105	157	171	158	167	193
	38%	40%	36%	41%	39%	39%	32%	35%	33%	41%	36%	43%	34%	40%	39%
		B		F								L			
Anxious	1133	488	645	176	264	309	379	61	78	124	198	165	186	139	183
	35%	33%	36%	23%	29%	43%	43%	15%	19%	49%	45%	42%	40%	34%	37%
				C											
Depressed	709	297	412	108	177	189	234	19	35	82	116	103	130	93	130
	22%	20%	23%	14%	19%	27%	27%	5%	9%	32%	27%	26%	28%	23%	26%
				C					G						
Angry	423	190	233	97	122	93	110	18	23	40	70	69	75	63	65
	13%	13%	13%	13%	13%	13%	12%	4%	6%	16%	16%	17%	16%	15%	13%
Stressed out	1220	558	662	203	267	353	392	47	61	139	212	195	201	177	189
	37%	38%	37%	27%	29%	50%	44%	11%	15%	55%	49%	49%	43%	43%	38%
						F									
Overwhelmed	1048	435	612	159	240	275	371	40	60	118	208	141	189	136	155
	32%	30%	34%	21%	26%	39%	42%	10%	15%	47%	48%	36%	41%	33%	31%
		A		C				G							
Confident	1427	655	771	388	444	266	325	191	187	110	181	177	190	178	214
	44%	44%	43%	52%	49%	37%	37%	47%	46%	43%	41%	45%	41%	43%	43%
Isolated	891	368	524	176	250	189	271	29	56	79	172	131	155	129	141
	27%	25%	29%	23%	27%	26%	31%	7%	14%	31%	39%	33%	33%	31%	29%
		A						G		I					

Thinking of your life in general, how often are you... - Summary Bottom 2 box ( Rarely/ Never)

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Base: Total Respondents</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Happy	293	118	176	67	88	51	87	13	20	23	48	34	55	47	53
	9%	8%	10%	9%	10%	7%	10%	3%	5%	9%	11%	9%	12%	11%	11%
Sad	1042	475	568	303	334	171	233	162	161	49	120	110	123	154	163
	32%	32%	32%	40%	37%	24%	26%	40%	40%	19%	27%	28%	27%	37%	33%
Motivated	517	187	330	88	144	97	185	31	50	44	90	51	108	61	83
	16%	13%	18%	12%	16%	14%	21%	8%	12%	17%	21%	13%	23%	15%	17%
Frustrated	792	346	446	190	255	155	192	94	101	56	104	93	111	103	131
	24%	23%	25%	25%	28%	22%	22%	23%	25%	22%	24%	23%	24%	25%	27%
Excited	445	163	282	82	149	80	133	19	44	39	68	43	85	61	84
	14%	11%	16%	11%	16%	11%	15%	5%	11%	16%	16%	11%	18%	15%	17%
Anxious	760	339	422	220	274	119	147	125	115	40	72	84	105	90	130
	23%	23%	23%	29%	30%	17%	17%	30%	28%	16%	17%	21%	23%	22%	26%
Depressed	1363	620	743	371	426	248	315	210	198	94	172	150	175	166	198
	42%	42%	41%	49%	47%	35%	36%	51%	48%	37%	39%	38%	38%	40%	40%
Angry	1401	626	774	318	400	306	373	150	164	112	181	174	202	191	228
	43%	43%	43%	42%	44%	43%	42%	37%	40%	44%	42%	44%	44%	46%	46%
Stressed out	622	261	361	177	231	84	131	95	114	30	62	58	82	78	103
	19%	18%	20%	24%	25%	12%	15%	23%	28%	12%	14%	15%	18%	19%	21%
Overwhelmed	778	350	428	233	266	116	161	117	127	44	74	86	97	103	130
	24%	24%	24%	31%	29%	16%	18%	29%	31%	17%	17%	22%	21%	25%	26%
Confident	604	255	349	106	158	147	190	32	49	52	101	89	104	82	96
	18%	17%	19%	14%	17%	21%	21%	8%	12%	21%	23%	22%	22%	20%	20%
Isolated	1110	555	556	308	299	245	255	189	154	85	105	129	133	151	164
	34%	38%	31%	41%	33%	34%	29%	46%	38%	34%	24%	33%	29%	37%	33%

Thinking of your life in general, how often are you... - Summary Bottom 1 box (Never)

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Base: Total Respondents</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Happy	45 1%	20 1%	25 1%	11 2%	17 2%	9 1%	8 1%	1 *	1 *	6 2%	7 2%	7 2%	10 2%	6 1%	7 1%
Sad	120 4%	54 4%	66 4%	47 6%	40 4%	7 1%	26 3%	18 4%	17 4%	4 2%	13 3%	13 3%	16 4%	19 5%	19 4%
Motivated	58 2%	20 1%	37 2%	11 2%	18 2%	9 1%	19 2%	2 1%	3 1%	8 3%	15 4%	5 1%	8 2%	4 1%	11 2%
Frustrated	108 3%	44 3%	64 4%	32 4%	37 4%	12 2%	27 3%	11 3%	14 3%	8 3%	13 3%	13 3%	10 2%	11 3%	26 5%
Excited	46 1%	18 1%	28 2%	13 2%	15 2%	5 1%	13 1%	- -	1 *	5 2%	7 2%	4 1%	7 1%	9 2%	13 3%
Anxious	132 4%	58 4%	73 4%	45 6%	51 6%	13 2%	22 3%	22 5%	23 6%	6 2%	12 3%	10 3%	16 3%	20 5%	23 5%
Depressed	375 11%	173 12%	202 11%	123 16%	118 13%	49 7%	84 9%	67 16%	52 13%	23 9%	50 11%	42 11%	48 10%	41 10%	51 10%
Angry	197 6%	81 5%	117 6%	49 7%	74 8%	31 4%	42 5%	22 5%	27 7%	17 7%	23 5%	23 6%	29 6%	19 5%	38 8%
Stressed out	99 3%	35 2%	64 4%	26 3%	40 4%	9 1%	25 3%	17 4%	25 6%	1 *	11 3%	6 2%	14 3%	10 3%	14 3%
Overwhelmed	125 4%	61 4%	63 4%	46 6%	45 5%	15 2%	18 2%	20 5%	18 4%	5 2%	7 2%	15 4%	18 4%	22 5%	20 4%
Confident	88 3%	40 3%	48 3%	20 3%	18 2%	20 3%	28 3%	6 2%	4 1%	8 3%	13 3%	12 3%	13 3%	14 3%	17 3%
Isolated	294 9%	151 10%	143 8%	93 12%	77 8%	58 8%	66 7%	54 13%	44 11%	16 6%	20 5%	40 10%	29 6%	41 10%	50 10%

Thinking of your life in general, how often are you... - Summary Mean

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
Happy	3.59	3.66	3.54	3.7	3.56	3.61	3.52	3.83	3.73	3.58	3.52	3.62	3.47	3.61	3.49
Sad	2.89	2.87	2.9	2.71	2.8	3.04	3	2.51	2.59	3.16	3.02	3.05	2.99	2.8	2.93
										J					M
Motivated	3.37	3.44	3.31	3.55	3.4	3.34	3.23	3.57	3.38	3.28	3.26	3.46	3.25	3.42	3.37
Frustrated	3	3	3	2.93	2.95	3.07	3.06	2.77	2.84	3.13	3.08	3.06	3.05	3.03	3
Excited	3.32	3.38	3.27	3.41	3.3	3.36	3.22	3.48	3.32	3.32	3.29	3.41	3.21	3.31	3.26
Anxious	3.2	3.19	3.21	2.96	3.03	3.42	3.4	2.77	2.88	3.52	3.44	3.31	3.27	3.18	3.18
Depressed	2.73	2.7	2.76	2.48	2.64	2.91	2.89	2.18	2.39	2.97	2.84	2.83	2.88	2.78	2.84
Angry	2.65	2.66	2.65	2.65	2.63	2.66	2.67	2.51	2.53	2.69	2.73	2.73	2.7	2.68	2.62
Stressed out	3.28	3.32	3.25	3.1	3.07	3.55	3.44	2.82	2.8	3.61	3.49	3.5	3.35	3.34	3.26
Overwhelmed	3.14	3.11	3.16	2.89	2.98	3.33	3.35	2.72	2.78	3.43	3.43	3.2	3.27	3.12	3.1
Confident	3.34	3.37	3.31	3.52	3.42	3.22	3.21	3.61	3.49	3.29	3.27	3.3	3.25	3.3	3.3
Isolated	2.92	2.83	2.98	2.75	2.93	2.91	3.03	2.32	2.61	3	3.21	3.02	3.1	2.93	2.92
			A		C		E		G		I				





























Using the scale below, where 1 is strongly disagree and 7 is strongly agree, how much do you agree or disagree with the following I have someone to turn to when I need help

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Respondents</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Top 3 box (Net)	2057 63%	962 65%	1096 61%	493 66%	531 58%	463 65%	561 64%	306 75%	297 73%	150 59%	250 57%	240 61%	267 58%	265 64%	282 57%
Top 2 box (Net)	1283 39%	594 40%	689 38%	301 40%	342 38%	289 41%	343 39%	220 54%	206 50%	84 33%	154 35%	126 32%	155 33%	164 40%	174 35%
(7) Strongly Agree 7	687 21%	308 21%	379 21%	146 19%	181 20%	160 22%	196 22%	108 26%	108 26%	39 15%	88 20%	65 16%	73 16%	97 23%	111 22%
(6) 6	595 18%	285 19%	310 17%	155 21%	161 18%	129 18%	147 17%	112 27%	98 24%	45 18%	66 15%	61 15%	82 18%	67 16%	63 13%
(5) 5	775 24%	368 25%	407 23%	192 26%	189 21%	174 24%	218 25%	86 21%	91 22%	66 26%	96 22%	114 29%	112 24%	101 24%	108 22%
(4) 4	563 17%	240 16%	323 18%	115 15%	175 19%	122 17%	145 16%	28 7%	44 11%	50 20%	80 18%	80 20%	95 21%	82 20%	103 21%
Bottom 3 box (Net)	551 17%	218 15%	333 18%	110 15%	179 20%	108 15%	154 17%	22 5%	19 5%	53 21%	106 24%	77 19%	101 22%	66 16%	108 22%
(3) 3	277 8%	117 8%	160 9%	54 7%	95 10%	62 9%	65 7%	17 4%	10 3%	25 10%	47 11%	49 12%	48 10%	27 7%	54 11%
Bottom 2 box (Net)	275 8%	101 7%	173 10%	56 7%	84 9%	46 6%	89 10%	5 1%	8 2%	29 11%	59 14%	28 7%	52 11%	39 10%	53 11%
(2) 2	156 5%	60 4%	96 5%	32 4%	44 5%	28 4%	53 6%	4 1%	4 1%	14 5%	27 6%	17 4%	37 8%	25 6%	28 6%
(1) Strongly Disagree 1	118 4%	41 3%	77 4%	24 3%	40 4%	18 2%	37 4%	1 *	4 1%	15 6%	32 7%	11 3%	15 3%	15 4%	25 5%
Sigma	3171 97%	1420 96%	1751 97%	718 96%	885 97%	693 97%	860 97%	356 87%	360 88%	253 100%	436 100%	397 100%	463 100%	414 100%	493 100%
<b>Summary</b>															
Mean	4.97	5.06	4.9	5.05	4.85	5.07	4.95	5.7	5.61	4.69	4.67	4.79	4.7	4.98	4.77
Standard deviation	1.62	1.55	1.67	1.56	1.67	1.55	1.67	1.2	1.27	1.65	1.79	1.52	1.61	1.63	1.72
Std.Err	0.03	0.04	0.04	0.06	0.06	0.06	0.06	0.06	0.07	0.1	0.09	0.08	0.07	0.08	0.08



How would you rate the following aspects of your life: Summary Top 1 box (Excellent)

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Base: Total Answering</b>															
Your family life	683	314	370	154	200	159	169	105	101	49	75	72	90	87	105
	21%	21%	21%	21%	22%	22%	19%	26%	25%	19%	17%	18%	19%	21%	21%
Your friends and social life	481	237	244	144	143	93	100	84	66	30	64	63	55	59	59
	15%	16%	14%	19%	16%	13%	11%	21%	16%	12%	15%	16%	12%	14%	12%
Your school life	166	73	93	39	46	34	47	49	46	17	28	6	16	1	4
	11%	10%	11%	11%	11%	11%	11%	12%	11%	10%	11%	6%	13%	3%	6%
Your personal financial situation	228	95	133	62	85	33	48	-	-	18	39	35	39	42	55
	9%	9%	10%	12%	12%	6%	7%	-	-	7%	9%	9%	8%	10%	11%
Your physical health	497	242	254	147	152	93	102	101	87	36	45	57	57	49	64
	15%	16%	14%	20%	17%	13%	12%	25%	21%	14%	10%	14%	12%	12%	13%
Your mental health (the state of your psychological and emotional wellbeing)	360	178	182	120	105	58	77	58	53	22	44	54	37	44	47
	11%	12%	10%	16%	12%	8%	9%	14%	13%	9%	10%	14%	8%	11%	10%
Your job	232	114	118	65	76	49	42	11	10	20	25	42	34	41	49
	12%	13%	12%	15%	14%	11%	9%	13%	12%	15%	11%	14%	11%	11%	13%
Your future career potential	553	255	298	139	170	116	126	64	66	46	80	80	75	65	78
	17%	17%	17%	18%	19%	16%	14%	16%	16%	18%	18%	20%	16%	16%	16%



How would you rate the following aspects of your life: Summary Bottom 2 box (Terrible/ Poor)

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Base: Total Answering</b>															
Your family life	318	131	187	58	82	73	105	8	9	37	60	42	65	44	53
	10%	9%	10%	8%	9%	10%	12%	2%	2%	15%	14%	11%	14%	11%	11%
Your friends and social life	564	228	336	102	150	126	184	24	39	50	84	73	99	82	114
	17%	15%	19%	14%	16%	18%	21%	6%	10%	20%	19%	18%	21%	20%	23%
Your school life	168	85	83	40	35	44	48	26	27	35	31	20	18	5	8
	11%	12%	10%	11%	9%	14%	11%	6%	7%	21%	12%	19%	15%	16%	13%
Your personal financial situation	725	326	399	129	182	196	217	-	-	86	121	115	140	125	138
	30%	31%	29%	26%	26%	35%	31%	-	-	34%	28%	29%	30%	30%	28%
Your physical health	424	169	255	64	104	105	150	11	18	37	78	60	77	60	82
	13%	11%	14%	9%	11%	15%	17%	3%	4%	15%	18%	15%	17%	15%	17%
Your mental health (the state of your psychological and emotional wellbeing)	759	296	463	105	194	188	266	26	36	76	151	98	139	95	137
	23%	20%	26%	14%	21%	26%	30%	6%	9%	30%	35%	25%	30%	23%	28%
Your job	237	92	145	38	74	54	71	5	1	18	27	29	59	41	58
	13%	11%	14%	9%	14%	13%	15%	6%	1%	13%	12%	10%	18%	12%	15%
Your future career potential	472	200	273	95	124	103	147	32	28	36	70	51	73	81	102
	14%	14%	15%	13%	14%	14%	17%	8%	7%	14%	16%	13%	16%	20%	21%

How would you rate the following aspects of your life: Summary Bottom 1 box (Terrible)

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Base: Total Answering</b>															
Your family life	93	34	58	16	25	18	33	1	2	12	18	12	22	9	17
	3%	2%	3%	2%	3%	3%	4%	*	*	5%	4%	3%	5%	2%	3%
Your friends and social life	159	55	104	28	45	27	58	5	8	13	31	18	35	18	30
	5%	4%	6%	4%	5%	4%	7%	1%	2%	5%	7%	5%	8%	4%	6%
Your school life	37	19	17	13	8	6	9	7	8	11	6	1	4	-	-
	2%	3%	2%	4%	2%	2%	2%	2%	2%	7%	2%	1%	3%	-	-
Your personal financial situation	235	96	139	38	45	58	94	-	-	29	41	30	50	37	47
	10%	9%	10%	8%	6%	10%	13%	-	-	11%	9%	7%	11%	9%	10%
Your physical health	76	28	49	11	19	17	29	4	3	6	15	9	16	8	14
	2%	2%	3%	1%	2%	2%	3%	1%	1%	3%	3%	2%	4%	2%	3%
Your mental health (the state of your psychological and emotional wellbeing)	229	86	144	28	52	57	91	10	5	30	49	20	50	26	39
	7%	6%	8%	4%	6%	8%	10%	2%	1%	12%	11%	5%	11%	6%	8%
Your job	68	30	38	9	21	21	17	2	-	9	7	4	17	15	15
	4%	3%	4%	2%	4%	5%	4%	2%	-	7%	3%	1%	5%	4%	4%
Your future career potential	136	51	84	25	32	26	51	7	9	16	17	13	20	16	39
	4%	3%	5%	3%	4%	4%	6%	2%	2%	6%	4%	3%	4%	4%	8%









How would you rate the following aspects of your life: Your personal financial situation

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>2373</b>	<b>1023</b>	<b>1350</b>	<b>376</b>	<b>630</b>	<b>647</b>	<b>720</b>	-	-	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Respondents</b>	<b>2456</b>	<b>1064</b>	<b>1392</b>	<b>502</b>	<b>692</b>	<b>562</b>	<b>700</b>	-	-	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Top 2 box (Net)	847	355	492	190	288	165	204	-	-	83	152	138	153	134	187
	34%	33%	35%	38%	42%	29%	29%	-	-	33%	35%	35%	33%	32%	38%
(5) Excellent	228	95	133	62	85	33	48	-	-	18	39	35	39	42	55
	9%	9%	10%	12%	12%	6%	7%	-	-	7%	9%	9%	8%	10%	11%
(4) Good	619	260	359	128	204	132	155	-	-	64	113	103	114	92	132
	25%	24%	26%	25%	29%	24%	22%	-	-	25%	26%	26%	25%	22%	27%
(3) Fair	884	384	500	183	221	200	279	-	-	85	164	144	169	155	167
	36%	36%	36%	36%	32%	36%	40%	-	-	33%	38%	36%	37%	37%	34%
Bottom 2 box (Net)	725	326	399	129	182	196	217	-	-	86	121	115	140	125	138
	30%	31%	29%	26%	26%	35%	31%	-	-	34%	28%	29%	30%	30%	28%
(2) Poor	490	230	260	91	137	139	123	-	-	57	79	85	90	87	91
	20%	22%	19%	18%	20%	25%	18%	-	-	23%	18%	21%	19%	21%	18%
(1) Terrible	235	96	139	38	45	58	94	-	-	29	41	30	50	37	47
	10%	9%	10%	8%	6%	10%	13%	-	-	11%	9%	7%	11%	9%	10%
Sigma	2456	1064	1392	502	692	562	700	-	-	253	436	397	463	414	493
	100%	100%	100%	100%	100%	100%	100%	-	-	100%	100%	100%	100%	100%	100%
<b>Summary</b>															
Mean	3.05	3.03	3.06	3.17	3.21	2.9	2.92	-	-	2.95	3.07	3.07	3	3.03	3.12
Standard deviation	1.1	1.09	1.11	1.1	1.1	1.06	1.1	-	-	1.11	1.08	1.06	1.1	1.1	1.13
Std.Err	0.02	0.03	0.03	0.05	0.04	0.04	0.04	-	-	0.07	0.05	0.05	0.05	0.05	0.05

How would you rate the following aspects of your life: Your physical health

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Respondents</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Top 2 box (Net)	1773	822	951	464	523	354	424	291	293	123	201	199	228	209	230
	54%	56%	53%	62%	57%	50%	48%	71%	72%	49%	46%	50%	49%	50%	47%
(5) Excellent	497	242	254	147	152	93	102	101	87	36	45	57	57	49	64
	15%	16%	14%	20%	17%	13%	12%	25%	21%	14%	10%	14%	12%	12%	13%
(4) Good	1277	580	697	316	371	261	322	190	206	87	155	142	171	160	166
	39%	39%	39%	42%	41%	37%	36%	46%	50%	34%	36%	36%	37%	39%	34%
(3) Fair	995	437	557	196	268	239	287	62	61	93	157	138	158	145	181
	30%	30%	31%	26%	29%	33%	32%	15%	15%	37%	36%	35%	34%	35%	37%
Bottom 2 box (Net)	424	169	255	64	104	105	150	11	18	37	78	60	77	60	82
	13%	11%	14%	9%	11%	15%	17%	3%	4%	15%	18%	15%	17%	15%	17%
			A												
(2) Poor	348	141	206	53	84	88	121	7	15	30	63	52	60	52	68
	11%	10%	11%	7%	9%	12%	14%	2%	4%	12%	14%	13%	13%	13%	14%
(1) Terrible	76	28	49	11	19	17	29	4	3	6	15	9	16	8	14
	2%	2%	3%	1%	2%	2%	3%	1%	1%	3%	3%	2%	4%	2%	3%
Sigma	3192	1428	1763	724	895	698	861	364	372	253	436	397	463	414	493
	98%	97%	98%	96%	98%	98%	98%	89%	91%	100%	100%	100%	100%	100%	100%
<b>Summary</b>															
Mean	3.55	3.61	3.51	3.74	3.62	3.47	3.4	4.03	3.97	3.46	3.35	3.47	3.41	3.46	3.4
		B		D											
Standard deviation	0.96	0.94	0.97	0.91	0.95	0.96	0.98	0.79	0.79	0.96	0.97	0.96	0.98	0.93	0.98
Std.Err	0.02	0.02	0.02	0.03	0.03	0.04	0.03	0.04	0.04	0.06	0.05	0.05	0.05	0.05	0.04





How would you rate the following aspects of your life: Your future career potential

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Respondents</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Top 2 box (Net)	1824	844	981	438	536	402	442	252	258	136	219	233	247	222	256
	56%	57%	54%	58%	59%	56%	50%	62%	63%	54%	50%	59%	53%	54%	52%
						F									
(5) Excellent	553	255	298	139	170	116	126	64	66	46	80	80	75	65	78
	17%	17%	17%	18%	19%	16%	14%	16%	16%	18%	18%	20%	16%	16%	16%
(4) Good	1271	588	683	299	366	287	316	188	193	90	139	153	173	157	178
	39%	40%	38%	40%	40%	40%	36%	46%	47%	36%	32%	39%	37%	38%	36%
(3) Fair	896	387	509	196	231	189	275	83	84	82	148	113	142	111	134
	27%	26%	28%	26%	25%	27%	31%	20%	21%	32%	34%	28%	31%	27%	27%
						E									
Bottom 2 box (Net)	472	200	273	95	124	103	147	32	28	36	70	51	73	81	102
	14%	14%	15%	13%	14%	14%	17%	8%	7%	14%	16%	13%	16%	20%	21%
(2) Poor	337	148	188	70	92	77	96	25	19	20	53	38	53	64	64
	10%	10%	10%	9%	10%	11%	11%	6%	5%	8%	12%	10%	11%	16%	13%
(1) Terrible	136	51	84	25	32	26	51	7	9	16	17	13	20	16	39
	4%	3%	5%	3%	4%	4%	6%	2%	2%	6%	4%	3%	4%	4%	8%
							E								M
Sigma	3192	1431	1762	729	891	694	864	367	370	253	436	397	463	414	493
	98%	97%	98%	97%	98%	97%	98%	90%	91%	100%	100%	100%	100%	100%	100%
<b>Summary</b>															
Mean	3.55	3.59	3.52	3.63	3.62	3.56	3.43	3.76	3.78	3.51	3.48	3.63	3.49	3.46	3.39
						F									
Standard deviation	1.03	1.01	1.04	1.01	1.02	1.01	1.06	0.88	0.88	1.07	1.05	1.01	1.03	1.06	1.13
Std.Err	0.02	0.03	0.02	0.04	0.03	0.04	0.04	0.05	0.05	0.07	0.05	0.05	0.05	0.05	0.05



How often do you feel anxious about climate change and the environment?

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Respondents</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Top 2 box (Net)	932	394	538	178	254	212	281	72	75	74	151	132	161	115	151
	28%	27%	30%	24%	28%	30%	32%	18%	18%	29%	35%	33%	35%	28%	31%
All the time (5)	242	102	140	46	69	56	71	19	13	21	38	32	43	30	45
	7%	7%	8%	6%	8%	8%	8%	5%	3%	8%	9%	8%	9%	7%	9%
Often (4)	690	292	398	132	185	156	210	54	62	53	112	100	117	85	106
	21%	20%	22%	18%	20%	22%	24%	13%	15%	21%	26%	25%	25%	20%	21%
Sometimes (3)	1294	599	695	301	346	295	346	166	142	110	165	155	193	169	195
	40%	41%	39%	40%	38%	41%	39%	41%	35%	43%	38%	39%	42%	41%	40%
Bottom 2 box (Net)	1045	479	566	272	309	206	254	170	190	70	120	110	109	130	147
	32%	33%	31%	36%	34%	29%	29%	42%	46%	27%	28%	28%	24%	31%	30%
Rarely (2)	689	347	342	188	174	159	166	122	115	56	76	81	71	88	79
	21%	24%	19%	25%	19%	22%	19%	30%	28%	22%	17%	20%	15%	21%	16%
Never (1)	356	132	224	84	136	46	88	48	74	14	44	29	38	42	67
	11%	9%	12%	11%	15%	6%	10%	12%	18%	5%	10%	7%	8%	10%	14%
Sigma	3271	1473	1798	751	910	713	882	409	407	253	436	397	463	414	493
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Mean	2.93	2.92	2.94	2.82	2.87	3.02	3.01	2.69	2.57	3.05	3.06	3.07	3.12	2.94	2.96
Std.Dev	1.07	1.03	1.1	1.04	1.13	1.01	1.07	0.99	1.06	0.99	1.09	1.03	1.05	1.06	1.14
Std.Err	0.02	0.03	0.03	0.04	0.04	0.04	0.04	0.05	0.05	0.06	0.05	0.05	0.05	0.05	0.05

Using the scale below, where 1 is very worried and 7 is very excited about your future in the workforce, please show how you feel.

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Respondents</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Top 3 box (Net)	1846	866	980	472	543	391	434	270	272	143	222	235	232	219	254
	56%	59%	54%	63%	60%	55%	49%	66%	67%	56%	51%	59%	50%	53%	52%
Top 2 box (Net)	778	358	420	204	231	152	188	129	123	47	88	97	106	85	102
	24%	24%	23%	27%	25%	21%	21%	32%	30%	18%	20%	25%	23%	21%	21%
7	254	104	150	59	88	45	61	28	33	19	39	26	37	32	41
	8%	7%	8%	8%	10%	6%	7%	7%	8%	8%	9%	6%	8%	8%	8%
6	524	254	270	145	143	108	126	101	90	28	50	72	68	53	61
	16%	17%	15%	19%	16%	15%	14%	25%	22%	11%	11%	18%	15%	13%	12%
5	1068	508	561	268	312	239	246	141	149	96	134	138	126	133	152
	33%	34%	31%	36%	34%	33%	28%	34%	36%	38%	31%	35%	27%	32%	31%
4	817	340	477	162	235	174	241	88	83	59	118	84	136	109	139
	25%	23%	27%	22%	26%	24%	27%	22%	20%	23%	27%	21%	29%	26%	28%
Bottom 3 box (Net)	595	257	338	110	130	145	205	41	48	52	96	78	95	86	99
	18%	17%	19%	15%	14%	20%	23%	10%	12%	20%	22%	20%	20%	21%	20%
3	335	146	189	67	72	78	116	19	28	31	53	54	58	41	49
	10%	10%	10%	9%	8%	11%	13%	5%	7%	12%	12%	14%	13%	10%	10%
Bottom 3 box (Net)	260	111	149	44	58	67	89	21	21	21	42	24	36	45	50
	8%	8%	8%	6%	6%	9%	10%	5%	5%	8%	10%	6%	8%	11%	10%
2	159	75	84	30	37	44	45	17	12	12	26	19	20	28	26
	5%	5%	5%	4%	4%	6%	5%	4%	3%	5%	6%	5%	4%	7%	5%
1	101	36	65	13	21	22	44	5	9	9	16	5	17	17	24
	3%	2%	4%	2%	2%	3%	5%	1%	2%	4%	4%	1%	4%	4%	5%
Sigma	3258	1463	1795	744	908	709	880	399	404	253	436	397	463	414	493
	100%	99%	100%	99%	100%	99%	100%	97%	99%	100%	100%	100%	100%	100%	100%
Mean	4.59	4.63	4.56	4.76	4.72	4.5	4.39	4.9	4.87	4.5	4.45	4.63	4.49	4.45	4.46
Std.Dev	1.38	1.34	1.41	1.3	1.33	1.38	1.46	1.23	1.27	1.37	1.44	1.3	1.4	1.44	1.45
Std.Err	0.02	0.04	0.03	0.05	0.04	0.05	0.05	0.06	0.06	0.09	0.07	0.07	0.07	0.07	0.07





Using the scale below, where 1 is strongly disagree and 7 is strongly agree, how much do you agree or disagree with the following I am confident that I have the knowledge and skills needed to find the jobs I want

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Respondents</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Top 3 box (Net)	1864	857	1007	430	542	425	462	226	237	149	250	242	244	240	276
	57%	58%	56%	57%	60%	60%	52%	55%	58%	59%	57%	61%	53%	58%	56%
Top 2 box (Net)	1068	485	584	254	312	230	270	131	142	83	130	135	139	136	173
	33%	33%	32%	34%	34%	32%	31%	32%	35%	33%	30%	34%	30%	33%	35%
(7) Strongly Agree 7	515	210	305	114	171	96	133	56	56	29	78	60	78	66	93
	16%	14%	17%	15%	19%	13%	15%	14%	14%	11%	18%	15%	17%	16%	19%
(6) 6	553	275	279	140	141	134	138	75	86	55	52	75	61	70	80
	17%	19%	15%	19%	15%	19%	16%	18%	21%	12%	12%	19%	13%	17%	16%
(5) 5	795	372	423	176	230	195	192	95	95	66	120	107	105	104	103
	24%	25%	24%	23%	25%	27%	22%	23%	23%	26%	27%	27%	23%	25%	21%
(4) 4	716	302	414	159	204	139	207	70	89	56	92	82	113	94	120
	22%	21%	23%	21%	22%	20%	23%	17%	22%	22%	21%	21%	24%	23%	24%
Bottom 3 box (Net)	590	249	341	122	147	125	192	48	44	48	95	73	105	79	96
	18%	17%	19%	16%	16%	18%	22%	12%	11%	19%	22%	18%	23%	19%	20%
(3) 3	324	144	180	68	81	76	99	29	24	31	55	39	56	45	45
	10%	10%	10%	9%	9%	11%	11%	7%	6%	12%	13%	10%	12%	11%	9%
Bottom 2 box (Net)	266	105	161	54	67	49	93	19	20	17	39	34	50	34	52
	8%	7%	9%	7%	7%	7%	11%	5%	5%	7%	9%	9%	11%	8%	10%
(2) 2	144	60	84	28	35	31	49	12	12	7	21	26	21	14	30
	4%	4%	5%	4%	4%	4%	5%	3%	3%	3%	5%	7%	5%	3%	6%
(1) Strongly Disagree 1	122	45	77	27	31	18	44	7	8	10	19	8	28	20	22
	4%	3%	4%	4%	3%	3%	5%	2%	2%	4%	4%	2%	6%	5%	4%
Sigma	3170	1408	1761	711	893	689	862	344	370	253	436	397	463	414	493
	97%	96%	98%	95%	98%	97%	98%	84%	91%	100%	100%	100%	100%	100%	100%
<b>Summary</b>															
Mean	4.78	4.82	4.75	4.84	4.87	4.81	4.62	4.98	4.98	4.73	4.7	4.81	4.6	4.75	4.76
Standard deviation	1.56	1.51	1.6	1.54	1.56	1.48	1.63	1.43	1.41	1.49	1.6	1.51	1.67	1.58	1.65
Std.Err	0.03	0.04	0.04	0.06	0.05	0.06	0.06	0.08	0.07	0.09	0.08	0.08	0.08	0.08	0.07

Using the scale below, where 1 is strongly disagree and 7 is strongly agree, how much do you agree or disagree with the following There are lots of jobs for those who have had more school and training.

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Respondents</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Top 3 box (Net)	1950	890	1060	457	554	427	503	261	267	165	260	238	259	226	274
	60%	60%	59%	61%	61%	60%	57%	64%	65%	65%	60%	60%	56%	55%	56%
Top 2 box (Net)	1140	510	631	267	335	240	293	155	173	98	152	115	149	142	157
	35%	35%	35%	36%	37%	34%	33%	38%	42%	39%	35%	29%	32%	34%	32%
(7) Strongly Agree 7	545	220	325	109	167	111	156	55	63	44	85	50	90	70	87
	17%	15%	18%	15%	18%	16%	18%	14%	15%	17%	20%	13%	19%	17%	18%
(6) 6	596	290	306	158	168	129	137	100	110	54	67	65	59	72	70
	18%	20%	17%	21%	19%	18%	15%	24%	27%	21%	15%	16%	13%	17%	14%
(5) 5	810	380	430	190	219	187	211	106	94	66	108	124	110	84	117
	25%	26%	24%	25%	24%	26%	24%	26%	23%	26%	25%	31%	24%	20%	24%
(4) 4	745	318	427	151	212	166	212	57	78	53	107	96	127	112	115
	23%	22%	24%	20%	23%	23%	24%	14%	19%	21%	24%	24%	28%	27%	23%
Bottom 3 box (Net)	484	202	282	106	128	95	152	28	32	36	70	62	76	76	104
	15%	14%	16%	14%	14%	13%	17%	7%	8%	14%	16%	16%	16%	18%	21%
(3) 3	258	113	145	59	67	55	77	15	19	21	44	39	36	38	46
	8%	8%	8%	8%	7%	8%	9%	4%	5%	8%	10%	10%	8%	9%	9%
Bottom 2 box (Net)	226	89	137	47	62	41	75	13	13	15	26	24	40	37	58
	7%	6%	8%	6%	7%	6%	8%	3%	3%	6%	6%	6%	9%	9%	12%
(2) 2	109	50	58	24	25	26	33	5	7	8	10	16	15	22	27
	3%	3%	3%	3%	3%	4%	4%	1%	2%	3%	2%	4%	3%	5%	5%
(1) Strongly Disagree 1	117	38	79	23	37	15	42	8	6	7	16	7	25	16	31
	4%	3%	4%	3%	4%	2%	5%	2%	2%	3%	4%	2%	5%	4%	6%
Sigma	3179	1410	1769	714	894	688	868	346	378	253	436	397	463	414	493
	97%	96%	98%	95%	98%	97%	98%	85%	93%	100%	100%	100%	100%	100%	100%
<b>Summary</b>															
Mean	4.88	4.92	4.86	4.92	4.93	4.91	4.79	5.22	5.19	4.98	4.88	4.78	4.77	4.75	4.66
Standard deviation	1.52	1.46	1.57	1.48	1.54	1.44	1.6	1.31	1.33	1.48	1.54	1.39	1.61	1.58	1.69
Std.Err	0.03	0.04	0.04	0.06	0.05	0.05	0.05	0.07	0.07	0.09	0.07	0.07	0.07	0.08	0.08

Using the scale below, where 1 is strongly disagree and 7 is strongly agree, how much do you agree or disagree with the following I feel I have no control over how much money I will make

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Respondents</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Top 3 box (Net)	1397 43%	612 42%	784 44%	292 39%	376 41%	318 45%	404 46%	138 34%	161 39%	117 46%	183 42%	166 42%	216 47%	192 46%	224 45%
Top 2 box (Net)	702 21%	315 21%	387 22%	156 21%	179 20%	159 22%	206 23%	66 16%	79 19%	58 23%	96 22%	86 22%	103 22%	106 26%	109 22%
(7) Strongly Agree 7	337 10%	151 10%	186 10%	77 10%	81 9%	73 10%	104 12%	26 6%	27 6%	29 11%	49 11%	36 9%	48 10%	60 15%	61 12%
(6) 6	365 11%	164 11%	201 11%	79 10%	99 11%	85 12%	102 12%	40 10%	53 13%	29 11%	47 11%	50 13%	54 12%	46 11%	48 10%
(5) 5	694 21%	297 20%	397 22%	136 18%	196 22%	159 22%	198 22%	72 18%	82 20%	59 23%	87 20%	80 20%	114 25%	86 21%	115 23%
(4) 4	852 26%	397 27%	456 25%	200 27%	220 24%	191 27%	234 26%	106 26%	104 26%	66 26%	115 26%	118 30%	111 24%	107 26%	126 26%
Bottom 3 box (Net)	933 29%	410 28%	522 29%	226 30%	296 32%	184 26%	227 26%	111 27%	106 26%	71 28%	138 32%	113 28%	136 29%	115 28%	143 29%
(3) 3	461 14%	213 14%	248 14%	117 16%	133 15%	96 13%	115 13%	56 14%	41 10%	37 15%	72 16%	60 15%	67 14%	60 15%	69 14%
Bottom 2 box (Net)	472 14%	197 13%	274 15%	109 14%	163 18%	89 12%	111 13%	55 14%	65 16%	33 13%	66 15%	53 13%	69 15%	55 13%	74 15%
(2) 2	265 8%	104 7%	160 9%	52 7%	91 10%	53 7%	69 8%	34 8%	46 11%	18 7%	40 9%	25 6%	40 9%	28 7%	34 7%
(1) Strongly Disagree 1	207 6%	93 6%	114 6%	57 8%	72 8%	36 5%	42 5%	21 5%	19 5%	15 6%	26 6%	29 7%	29 6%	27 7%	40 8%
Sigma	3182 97%	1420 96%	1762 98%	718 96%	891 98%	693 97%	864 98%	355 87%	371 91%	253 100%	436 100%	397 100%	463 100%	414 100%	493 100%
<b>Summary</b>															
Mean	4.26	4.27	4.25	4.19	4.12	4.35	4.39	4.12	4.21	4.33	4.23	4.23	4.29	4.39	4.28
Standard deviation	1.62	1.61	1.63	1.65	1.66	1.57	1.59	1.54	1.57	1.61	1.63	1.59	1.62	1.68	1.68
Std.Err	0.03	0.04	0.04	0.06	0.06	0.06	0.05	0.08	0.08	0.1	0.08	0.08	0.08	0.08	0.08

Using the scale below, where 1 is strongly disagree and 7 is strongly agree, how much do you agree or disagree with the following I am confident that I will be able to get a job in the field I want to work in

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Respondents</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Top 3 box (Net)	1871	867	1004	453	545	411	457	243	247	146	247	235	246	243	264
	57%	59%	56%	60%	60%	58%	52%	59%	61%	58%	57%	59%	53%	59%	54%
Top 2 box (Net)	1059	486	573	247	295	238	277	136	139	82	136	130	135	138	163
	32%	33%	32%	33%	32%	33%	31%	33%	34%	32%	31%	33%	29%	33%	33%
(7) Strongly Agree 7	551	250	301	125	157	125	143	58	51	44	80	70	80	78	90
	17%	17%	17%	17%	17%	18%	16%	14%	13%	17%	18%	18%	17%	19%	18%
(6) 6	508	235	273	122	138	113	133	77	88	37	57	60	55	61	73
	16%	16%	15%	16%	15%	16%	15%	19%	22%	15%	13%	15%	12%	15%	15%
(5) 5	812	382	431	206	250	173	180	107	108	64	111	105	111	105	101
	25%	26%	24%	27%	27%	24%	20%	26%	26%	25%	25%	26%	24%	25%	20%
(4) 4	698	292	406	145	200	143	206	66	79	58	98	81	119	88	110
	21%	20%	23%	19%	22%	20%	23%	16%	19%	23%	22%	20%	26%	21%	22%
Bottom 3 box (Net)	609	254	355	117	150	135	201	41	47	50	91	81	98	83	119
	19%	17%	20%	16%	16%	19%	23%	10%	12%	20%	21%	20%	21%	20%	24%
(3) 3	321	138	183	62	79	74	102	24	27	24	46	53	54	37	56
	10%	9%	10%	8%	9%	10%	12%	6%	7%	10%	10%	13%	12%	9%	11%
Bottom 2 box (Net)	288	116	172	55	71	61	99	17	20	26	45	28	44	46	63
	9%	8%	10%	7%	8%	9%	11%	4%	5%	10%	10%	7%	9%	11%	13%
(2) 2	158	69	90	31	40	37	49	12	13	10	25	19	19	28	33
	5%	5%	5%	4%	4%	5%	5%	3%	3%	4%	6%	5%	4%	7%	7%
(1) Strongly Disagree 1	130	48	82	23	30	24	50	5	7	15	21	9	25	18	30
	4%	3%	5%	3%	3%	3%	6%	1%	2%	6%	5%	2%	5%	4%	6%
Sigma	3179	1414	1765	715	894	689	864	350	374	253	436	397	463	414	493
	97%	96%	98%	95%	98%	97%	98%	85%	92%	100%	100%	100%	100%	100%	100%
<b>Summary</b>															
Mean	4.77	4.84	4.72	4.88	4.84	4.8	4.61	5.07	4.97	4.72	4.7	4.8	4.63	4.75	4.62
		B				F									
Standard deviation	1.59	1.56	1.61	1.52	1.54	1.59	1.68	1.37	1.38	1.65	1.64	1.54	1.62	1.65	1.73
Std.Err	0.03	0.04	0.04	0.06	0.05	0.06	0.06	0.07	0.07	0.1	0.08	0.08	0.08	0.08	0.08



Using the scale below, where 1 is strongly disagree and 7 is strongly agree, how much do you agree or disagree with the following When I look for a job, I'm confident that I will find one quickly

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Respondents</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Top 3 box (Net)	1568	736	833	390	471	344	359	207	206	112	187	202	204	214	236
	48%	50%	46%	52%	52%	48%	41%	51%	51%	44%	43%	51%	44%	52%	48%
Top 2 box (Net)	835	387	448	213	250	174	197	115	113	57	97	105	109	110	129
	26%	26%	25%	28%	27%	24%	22%	28%	28%	22%	22%	27%	24%	27%	26%
(7) Strongly Agree 7	403	173	230	92	131	81	98	38	47	30	53	50	58	55	72
	12%	12%	13%	12%	14%	11%	11%	9%	11%	12%	12%	13%	13%	13%	15%
(6) 6	432	214	218	121	120	94	99	77	66	27	44	55	50	55	57
	13%	15%	12%	16%	13%	13%	11%	19%	16%	10%	10%	14%	11%	13%	12%
(5) 5	733	349	385	177	221	170	163	92	93	55	90	97	95	104	107
	22%	24%	21%	24%	24%	24%	18%	23%	23%	22%	21%	24%	20%	25%	22%
(4) 4	767	329	438	167	207	158	230	83	103	70	116	86	108	89	111
	23%	22%	24%	22%	23%	22%	26%	20%	25%	28%	27%	22%	23%	21%	23%
Bottom 3 box (Net)	842	344	497	158	217	184	276	54	67	71	134	109	152	111	145
	26%	23%	28%	21%	24%	26%	31%	13%	16%	28%	31%	27%	33%	27%	30%
(3) 3	436	187	248	87	104	98	144	35	35	34	68	69	84	49	61
	13%	13%	14%	12%	11%	14%	16%	9%	9%	13%	16%	17%	18%	12%	12%
Bottom 2 box (Net)	406	157	249	71	113	86	133	19	31	37	66	39	67	62	84
	12%	11%	14%	9%	12%	12%	15%	5%	8%	15%	15%	10%	15%	15%	17%
(2) 2	197	78	118	37	55	41	62	10	17	19	37	24	34	25	30
	6%	5%	7%	5%	6%	6%	7%	2%	4%	8%	9%	6%	7%	6%	6%
(1) Strongly Disagree 1	210	79	131	34	58	44	71	10	14	17	29	15	34	37	54
	6%	5%	7%	5%	6%	6%	8%	2%	3%	7%	7%	4%	7%	9%	11%
Sigma	3177	1409	1768	715	895	686	866	345	376	253	436	397	463	414	493
	97%	96%	98%	95%	98%	96%	98%	84%	92%	100%	100%	100%	100%	100%	100%
<b>Summary</b>															
Mean	4.42	4.51	4.36	4.6	4.52	4.42	4.2	4.81	4.67	4.29	4.25	4.49	4.25	4.41	4.31
Standard deviation	1.65	1.6	1.68	1.57	1.67	1.63	1.68	1.41	1.5	1.64	1.65	1.57	1.69	1.72	1.81
Std.Err	0.03	0.04	0.04	0.06	0.06	0.06	0.06	0.08	0.08	0.1	0.08	0.08	0.08	0.08	0.08

Which of the following helped/ would help you get a job in your chosen career?

	Total	Wage		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>1596</b>	<b>723</b>	<b>873</b>	<b>287</b>	<b>436</b>	<b>436</b>	<b>437</b>	-	-	<b>133</b>	<b>217</b>	<b>259</b>	<b>314</b>	<b>331</b>	<b>342</b>
<b>Weighted Base: Those 18+ and working</b>	<b>1679</b>	<b>768</b>	<b>911</b>	<b>385</b>	<b>483</b>	<b>383</b>	<b>428</b>	-	-	<b>133</b>	<b>212</b>	<b>286</b>	<b>323</b>	<b>348</b>	<b>376</b>
Getting practical work experience	621	272	349	123	160	149	189	-	-	52	72	104	115	116	162
	37%	35%	38%	32%	33%	39%	44%	-	-	39%	34%	36%	36%	33%	43%
															M
Building my confidence	610	274	336	112	168	162	169	-	-	49	95	105	124	120	118
	36%	36%	37%	29%	35%	42%	39%	-	-	37%	45%	37%	38%	35%	31%
Improving my skills required for the job	564	265	298	121	147	144	151	-	-	48	74	99	107	118	118
	34%	35%	33%	32%	31%	38%	35%	-	-	36%	35%	35%	33%	34%	31%
Getting more training or education	506	242	265	108	111	133	153	-	-	40	59	92	100	109	105
	30%	31%	29%	28%	23%	35%	36%	-	-	30%	28%	32%	31%	31%	28%
Networking with people in the industry I want to work in	496	243	254	106	118	137	136	-	-	51	56	85	89	107	108
	30%	32%	28%	27%	24%	36%	32%	-	-	38%	27%	30%	28%	31%	29%
More exposure to potential career paths	457	223	234	90	112	133	122	-	-	41	60	90	85	93	88
	27%	29%	26%	23%	23%	35%	29%	-	-	31%	28%	31%	26%	27%	23%
Having more jobs available	449	222	227	103	106	120	121	-	-	47	46	79	90	96	90
	27%	29%	25%	27%	22%	31%	28%	-	-	35%	22%	28%	28%	28%	24%
Having a mentor to give advice and help me think through things	407	209	198	94	99	115	98	-	-	41	42	79	63	89	93
	24%	27%	22%	24%	21%	30%	23%	-	-	30%	20%	28%	20%	26%	25%
Help looking for the kinds of job I want	359	171	188	83	90	88	99	-	-	39	48	62	68	70	72
	21%	22%	21%	22%	19%	23%	23%	-	-	29%	22%	22%	21%	20%	19%
Greater perseverance	350	168	181	83	97	85	84	-	-	37	35	59	69	72	77
	21%	22%	20%	22%	20%	22%	20%	-	-	27%	16%	21%	21%	21%	21%
Help with my resume/cover letter	349	179	169	80	74	99	95	-	-	41	42	64	55	75	72
	21%	23%	19%	21%	15%	26%	22%	-	-	31%	20%	22%	17%	21%	19%
Help getting organized	343	174	169	93	100	81	69	-	-	41	50	62	66	71	52
	20%	23%	19%	24%	21%	21%	16%	-	-	31%	24%	22%	21%	20%	14%
Mental health and wellbeing supports and services	299	168	132	73	48	95	84	-	-	40	35	57	39	72	58
	18%	22%	14%	19%	10%	25%	20%	-	-	30%	16%	20%	12%	21%	15%
Getting more training or education	272	-	272	-	130	-	143	-	-	-	71	-	84	-	117
	16%	-	30%	-	27%	-	33%	-	-	-	34%	-	26%	-	31%
Knowing how to talk to employers about my mental health	252	146	106	74	56	72	50	-	-	27	31	62	34	58	41
	15%	19%	12%	19%	12%	19%	12%	-	-	20%	15%	22%	11%	17%	11%
Help completing applications	221	110	111	51	58	59	53	-	-	33	31	35	36	41	44
	13%	14%	12%	13%	12%	15%	12%	-	-	25%	15%	12%	11%	12%	12%
Finding mental health support for family members	195	113	83	57	40	55	43	-	-	23	15	43	34	47	34
	12%	15%	9%	15%	8%	14%	10%	-	-	17%	7%	15%	10%	13%	9%
Help completing applications	86	-	86	-	47	-	39	-	-	-	22	-	26	-	37
	5%	-	9%	-	10%	-	9%	-	-	-	11%	-	8%	-	10%
Some other thing	41	8	32	6	21	2	11	-	-	1	7	2	8	6	17
	2%	1%	4%	2%	4%	1%	3%	-	-	1%	3%	1%	3%	2%	5%
Sigma	6877	3187	3690	1457	1780	1730	1910	-	-	650	892	1178	1294	1360	1504
	410%	415%	405%	379%	369%	452%	446%	-	-	487%	421%	411%	401%	391%	400%

Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...Summary Top 3 box (Very likely 7/ 6/ 5)

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Base: Total Answering (floating base)</b>															
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
Chat in an online community for peer support	924	407	517	221	265	185	249	116	114	68	139	116	136	108	128
	28%	28%	29%	29%	29%	26%	28%	28%	28%	27%	32%	29%	29%	26%	26%
Use an app for self-guided meditation	1126	518	608	259	294	258	312	123	110	101	149	131	187	162	162
	34%	35%	34%	34%	32%	36%	35%	30%	27%	40%	34%	33%	40%	39%	33%
Use an app for self-guided therapy	1100	526	574	264	260	260	312	117	113	104	136	148	167	158	157
	34%	36%	32%	35%	29%	36%	35%	29%	28%	41%	31%	37%	36%	38%	32%
Use video counselling services	1021	475	546	242	284	230	258	120	127	82	127	134	146	139	145
	31%	32%	30%	32%	31%	32%	29%	29%	31%	32%	29%	34%	32%	34%	30%
Use a free helpline	1109	533	576	287	297	242	277	159	136	88	139	140	141	147	160
	34%	36%	32%	38%	33%	34%	31%	39%	33%	35%	32%	35%	30%	35%	33%
Talk to a friend about it	1943	902	1041	460	515	438	522	273	265	151	242	244	263	234	272
	59%	61%	58%	61%	57%	61%	59%	67%	65%	60%	55%	61%	57%	57%	55%
Talk to your parents about it	1586	742	844	418	436	320	406	285	264	108	179	174	192	175	209
	48%	50%	47%	56%	48%	45%	46%	70%	65%	43%	41%	44%	42%	42%	42%
Talk to my teacher about it	413	200	213	124	116	73	96	150	130	32	49	13	20	5	15
	27%	29%	25%	34%	28%	23%	23%	38%	32%	19%	19%	12%	17%	19%	24%
Talk to my school counsellor about it	538	255	283	144	157	109	124	178	164	45	72	24	27	8	19
	35%	37%	34%	39%	38%	34%	29%	44%	41%	27%	28%	23%	23%	28%	32%
Look for resources on the internet	1769	800	969	411	461	387	504	207	193	139	251	215	246	240	279
	54%	54%	54%	55%	51%	54%	57%	51%	47%	55%	58%	54%	53%	58%	57%
See a medical professional in-person	1466	699	767	342	363	353	399	191	189	116	174	177	193	215	211
	45%	47%	43%	45%	40%	50%	45%	47%	46%	46%	40%	45%	42%	52%	43%
Go to the hospital emergency department	744	366	378	204	205	158	172	108	79	56	97	100	110	102	92
	23%	25%	21%	27%	23%	22%	19%	26%	19%	22%	22%	25%	24%	25%	19%
Go to a youth wellness hub – a community space where you can access multiple services in one place (e.g. mental health care, see a family doctor, get job support, etc.)	770	365	405	190	206	171	198	117	102	54	102	96	103	98	99
	24%	25%	23%	25%	23%	24%	22%	29%	25%	21%	23%	24%	22%	24%	20%
Do nothing	1366	590	776	318	399	272	372	118	145	119	198	190	217	162	216
	42%	40%	43%	42%	44%	38%	42%	29%	36%	47%	45%	48%	47%	39%	44%

Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...Summary Bottom 3 box (Not at all likely 1/ 2/ 3)

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Base: Total Answering (floating base)</b>															
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
Chat in an online community for peer support	1570	695	875	331	429	361	445	148	174	144	213	199	231	203	257
	48%	47%	49%	44%	47%	51%	50%	36%	43%	57%	49%	50%	50%	49%	52%
										J					
Use an app for self-guided meditation	1377	604	774	315	397	286	372	165	189	96	194	174	180	169	211
	42%	41%	43%	42%	44%	40%	42%	40%	46%	38%	44%	44%	39%	41%	43%
Use an app for self-guided therapy	1387	595	792	307	425	286	363	161	180	100	204	158	189	176	219
	42%	40%	44%	41%	47%	40%	41%	39%	44%	39%	47%	40%	41%	43%	45%
			A		C										
Use video counselling services	1468	656	811	327	401	327	408	170	160	131	211	178	210	177	231
	45%	45%	45%	44%	44%	46%	46%	42%	39%	52%	48%	45%	45%	43%	47%
Use a free helpline	1388	587	801	270	384	316	414	126	142	114	202	165	223	182	235
	42%	40%	45%	36%	42%	44%	47%	31%	35%	45%	46%	41%	48%	44%	48%
			A		C										
Talk to a friend about it	655	268	387	142	181	124	203	41	57	54	115	86	96	86	119
	20%	18%	21%	19%	20%	17%	23%	10%	14%	22%	26%	22%	21%	21%	24%
			A		E										
Talk to your parents about it	1027	423	605	181	274	239	326	34	48	94	182	140	178	154	196
	31%	29%	34%	24%	30%	33%	37%	8%	12%	37%	42%	35%	39%	37%	40%
			A		C										
Talk to my teacher about it	747	318	429	149	177	167	248	134	162	102	163	65	72	17	32
	49%	46%	51%	40%	43%	52%	59%	33%	40%	62%	64%	63%	60%	59%	53%
			A		E				G			*		**	
Talk to my school counsellor about it	629	271	358	135	148	134	207	108	125	88	142	62	63	14	27
	41%	39%	43%	37%	36%	42%	49%	27%	31%	53%	56%	60%	53%	49%	45%
							E					*		**	
Look for resources on the internet	738	293	445	153	237	137	206	75	98	61	107	84	127	74	114
	23%	20%	25%	20%	26%	19%	23%	18%	24%	24%	24%	21%	27%	18%	23%
			A		C		E		G				K		
See a medical professional in-person	1029	425	604	225	329	198	275	98	106	85	168	122	166	121	164
	31%	29%	34%	30%	36%	28%	31%	24%	26%	33%	38%	31%	36%	29%	33%
			A		C										
Go to the hospital emergency department	1860	798	1062	377	517	418	540	196	215	153	277	224	276	226	293
	57%	54%	59%	50%	57%	59%	61%	48%	53%	60%	64%	56%	60%	54%	59%
			A		C										
Go to a youth wellness hub – a community space where you can access multiple services in one place (e.g. mental health care, see a family doctor, get job support, etc.)	1830	803	1027	386	505	414	518	176	185	159	258	226	273	242	310
	56%	55%	57%	51%	55%	58%	59%	43%	45%	63%	59%	57%	59%	59%	63%
Do nothing	1104	518	586	246	286	266	300	151	134	82	138	126	151	159	164
	34%	35%	33%	33%	31%	37%	34%	37%	33%	32%	32%	32%	33%	38%	33%

Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...Summary Mean

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
Chat in an online community for peer support	3.45	3.47	3.44	3.56	3.5	3.37	3.37	3.64	3.52	3.3	3.5	3.45	3.42	3.44	3.34
Use an app for self-guided meditation	3.69	3.76	3.63	3.67	3.56	3.85	3.72	3.58	3.39	3.82	3.62	3.78	3.86	3.85	3.61
Use an app for self-guided therapy	3.67	3.75	3.61	3.7	3.5	3.8	3.72	3.61	3.5	3.82	3.64	3.83	3.74	3.74	3.54
Use video counselling services	3.56	3.6	3.52	3.6	3.57	3.6	3.47	3.54	3.64	3.46	3.43	3.64	3.59	3.71	3.46
Use a free helpline	3.67	3.79	3.57	3.9	3.65	3.67	3.49	4.09	3.84	3.69	3.57	3.74	3.53	3.64	3.42
Talk to a friend about it	4.8	4.89	4.72	4.85	4.7	4.94	4.74	5.27	5.03	4.83	4.61	4.82	4.7	4.67	4.6
Talk to your parents about it	4.29	4.4	4.21	4.62	4.3	4.16	4.12	5.53	5.27	4.07	3.84	4.09	3.96	3.92	3.98
Talk to my teacher about it	3.33	3.42	3.26	3.68	3.55	3.12	2.99	3.94	3.64	2.9	2.87	2.67	2.95	2.86	3.25
Talk to my school counsellor about it	3.71	3.84	3.61	3.98	3.83	3.69	3.4	4.32	4.05	3.32	3.23	3.17	3.22	3.4	3.4
Look for resources on the internet	4.56	4.65	4.49	4.63	4.37	4.69	4.62	4.68	4.43	4.6	4.56	4.61	4.42	4.71	4.55
See a medical professional in-person	4.2	4.33	4.1	4.2	3.97	4.46	4.22	4.51	4.34	4.14	3.92	4.25	4.08	4.37	4.09
Go to the hospital emergency department	3.09	3.22	2.99	3.37	3.07	3.04	2.91	3.36	3.07	3.01	2.94	3.23	3.08	3.21	2.9
Go to a youth wellness hub -- a community space where you can access multiple services in one place (e.g. mental health care, see a family doctor, get job support, etc.)	3.13	3.2	3.08	3.26	3.1	3.11	3.06	3.54	3.36	3	3.08	3.14	3.07	3.07	2.89
Do nothing	4.11	4.06	4.15	4.18	4.22	3.94	4.06	3.66	3.95	4.3	4.26	4.31	4.2	3.99	4.14

Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...Chat in an online community for peer support

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Answering</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Likely (7/6/5) (Net)	924 28%	407 28%	517 29%	221 29%	265 29%	185 26%	249 28%	116 28%	114 28%	68 27%	139 32%	116 29%	136 29%	108 26%	128 26%
Likely (7/6) (Net)	436 13%	194 13%	242 13%	106 14%	126 14%	87 12%	114 13%	51 12%	47 11%	35 14%	69 16%	53 13%	57 12%	55 13%	69 14%
(7) Very likely 7	204 6%	85 6%	118 7%	42 6%	68 7%	42 6%	51 6%	19 5%	18 4%	17 7%	40 9%	21 5%	33 7%	28 7%	28 6%
(6) 6	233 7%	109 7%	124 7%	64 9%	58 6%	45 6%	63 7%	32 8%	28 7%	19 7%	30 7%	32 8%	25 5%	26 6%	41 8%
(5) 5	488 15%	213 14%	274 15%	115 15%	139 15%	98 14%	135 15%	65 16%	67 16%	33 13%	69 16%	62 16%	79 17%	53 13%	59 12%
(4) 4	690 21%	320 22%	370 21%	169 23%	198 22%	147 21%	170 19%	94 23%	82 20%	41 16%	84 19%	82 21%	96 21%	103 25%	108 22%
Not Likely (1/2/3) (Net)	1570 48%	695 47%	875 49%	331 44%	429 47%	361 51%	445 50%	148 36%	174 43%	144 57%	213 49%	199 50%	231 50%	203 49%	257 52%
(3) 3	486 15%	225 15%	261 14%	109 14%	135 15%	115 16%	125 14%	42 10%	54 13%	49 19%	58 13%	69 17%	73 16%	66 16%	76 15%
Not Likely (1/2) (Net)	1084 33%	469 32%	615 34%	222 30%	294 32%	245 34%	319 36%	106 26%	120 29%	96 38%	155 36%	130 33%	159 34%	137 33%	181 37%
(2) 2	426 13%	187 13%	239 13%	86 11%	115 13%	100 14%	124 14%	46 11%	58 14%	39 15%	58 13%	49 12%	55 12%	53 13%	68 14%
(1) Not at all likely 1	658 20%	283 19%	375 21%	136 18%	179 20%	145 20%	195 22%	61 15%	62 15%	57 23%	97 22%	81 20%	103 22%	84 20%	113 23%
Sigma	3183 97%	1422 97%	1762 98%	722 96%	891 98%	692 97%	863 98%	358 87%	370 91%	253 100%	436 100%	397 100%	463 100%	414 100%	493 100%
<b>Summary</b>															
Mean	3.45	3.47	3.44	3.56	3.5	3.37	3.37	3.64	3.52	3.3	3.5	3.45	3.42	3.44	3.34
Standard deviation	1.81	1.78	1.83	1.78	1.83	1.79	1.83	1.75	1.73	1.84	1.92	1.78	1.83	1.79	1.81
Std.Err	0.03	0.05	0.04	0.07	0.06	0.07	0.06	0.09	0.09	0.12	0.09	0.09	0.08	0.09	0.08

Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...Use an app for self-guided meditation

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Answering</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Likely (7/6/5) (Net)	1126 34%	518 35%	608 34%	259 34%	294 32%	258 36%	312 35%	123 30%	110 27%	101 40%	149 34%	131 33%	187 40%	162 39%	162 33%
Likely (7/6) (Net)	535 16%	246 17%	289 16%	115 15%	131 14%	130 18%	157 18%	47 12%	53 13%	44 17%	68 16%	72 18%	85 18%	83 20%	83 17%
(7) Very likely 7	261 8%	123 8%	138 8%	48 6%	64 7%	74 10%	75 8%	18 4%	17 4%	25 10%	37 8%	38 10%	43 9%	42 10%	41 8%
(6) 6	274 8%	123 8%	151 8%	67 9%	68 7%	56 8%	82 9%	29 7%	36 9%	19 8%	31 7%	34 9%	42 9%	41 10%	42 8%
(5) 5	591 18%	272 18%	319 18%	144 19%	163 18%	127 18%	155 18%	76 19%	57 14%	57 23%	81 19%	59 15%	102 22%	80 19%	79 16%
(4) 4	683 21%	301 20%	382 21%	150 20%	202 22%	147 21%	179 20%	71 17%	73 18%	56 22%	93 21%	92 23%	96 21%	83 20%	119 24%
Not Likely (1/2/3) (Net)	1377 42%	604 41%	774 43%	315 42%	397 44%	286 40%	372 42%	165 40%	189 46%	96 38%	194 44%	174 44%	180 39%	169 41%	211 43%
(3) 3	432 13%	216 15%	216 12%	101 13%	100 11%	115 16%	116 13%	53 13%	46 11%	25 10%	58 13%	75 19%	59 13%	63 15%	53 11%
Not Likely (1/2) (Net)	945 29%	388 26%	557 31%	214 28%	297 33%	171 24%	256 29%	112 27%	143 35%	71 28%	136 31%	99 25%	120 26%	106 26%	159 32%
(2) 2	354 11%	147 10%	207 12%	83 11%	106 12%	62 9%	99 11%	50 12%	68 17%	21 8%	47 11%	44 11%	42 9%	31 8%	50 10%
(1) Not at all likely 1	591 18%	241 16%	350 19%	130 17%	191 21%	109 15%	157 18%	61 15%	75 18%	50 20%	88 20%	55 14%	78 17%	75 18%	109 22%
Sigma	3186 97%	1423 97%	1764 98%	723 96%	894 98%	691 97%	863 98%	359 88%	372 91%	253 100%	436 100%	397 100%	463 100%	414 100%	493 100%
<b>Summary</b>															
Mean	3.69	3.76	3.63	3.67	3.56	3.85	3.72	3.58	3.39	3.82	3.62	3.78	3.86	3.85	3.61
Standard deviation	1.85	1.83	1.86	1.81	1.86	1.84	1.87	1.75	1.8	1.9	1.87	1.79	1.85	1.89	1.9
Std.Err	0.03	0.05	0.04	0.07	0.06	0.07	0.06	0.09	0.09	0.12	0.09	0.09	0.09	0.09	0.09

Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...Use an app for self-guided therapy

	Total	Wave		Gender Tracking				Age Tracking								
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)	
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>	
<b>Weighted Base: Total Answering</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>	
Likely (7/6/5) (Net)	1100 34%	526 36%	574 32%	264 35%	260 29%	260 36%	312 35%	117 29%	113 28%	104 41%	136 31%	148 37%	167 36%	158 38%	157 32%	
Likely (7/6) (Net)	507 15%	242 16%	264 15%	109 14%	119 13%	133 19%	144 16%	45 11%	50 12%	46 18%	75 17%	76 19%	67 14%	76 18%	73 15%	
(7) Very likely 7	241 7%	106 7%	135 8%	47 6%	61 7%	58 8%	73 8%	20 5%	19 5%	19 8%	47 11%	28 7%	34 7%	39 9%	34 7%	
(6) 6	266 8%	136 9%	129 7%	62 8%	57 6%	74 10%	71 8%	25 6%	30 7%	27 10%	28 6%	48 12%	32 7%	37 9%	39 8%	
(5) 5	593 18%	284 19%	309 17%	155 21%	141 16%	127 18%	168 19%	71 17%	63 15%	58 23%	61 14%	72 18%	101 22%	82 20%	85 17%	
(4) 4	700 21%	302 21%	398 22%	153 20%	208 23%	146 20%	189 21%	82 20%	79 19%	50 20%	97 22%	91 23%	106 23%	80 19%	116 24%	
Not Likely (1/2/3) (Net)	1387 42%	595 40%	792 44%	307 41%	425 47%	286 40%	363 41%	161 39%	180 44%	100 39%	204 47%	158 40%	189 41%	176 43%	219 45%	
(3) 3	465 14%	209 14%	255 14%	107 14%	143 16%	102 14%	111 13%	58 14%	58 14%	32 13%	69 16%	59 15%	69 15%	59 14%	60 12%	
Not Likely (1/2) (Net)	922 28%	386 26%	536 30%	200 27%	281 31%	183 26%	252 29%	103 25%	122 30%	68 27%	135 31%	98 25%	120 26%	117 28%	159 32%	
(2) 2	331 10%	131 9%	201 11%	70 9%	103 11%	59 8%	96 11%	43 11%	57 14%	21 8%	57 13%	36 9%	39 8%	30 7%	48 10%	
(1) Not at all likely 1	591 18%	255 17%	335 19%	130 17%	178 20%	124 17%	156 18%	60 15%	65 16%	46 18%	78 18%	63 16%	81 17%	86 21%	112 23%	
Sigma	3187 97%	1424 97%	1763 98%	724 96%	892 98%	691 97%	864 98%	360 88%	372 91%	253 100%	436 100%	397 100%	463 100%	414 100%	493 100%	
<b>Summary</b>																
Mean	3.67	3.75	3.61	3.7	3.5	3.8	3.72	3.61	3.5	3.82	3.64	3.83	3.74	3.74	3.54	
Standard deviation	1.82	1.82	1.82	1.79	1.79	1.86	1.85	1.72	1.75	1.85	1.88	1.79	1.78	1.91	1.86	
Std.Err	0.03	0.05	0.04	0.07	0.06	0.07	0.06	0.09	0.09	0.12	0.09	0.09	0.08	0.09	0.08	



Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...Use video counselling services

	Total	Wave		Gender Tracking				Age Tracking								
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)	
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>	
<b>Weighted Base: Total Answering</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>	
Likely (7/6/5) (Net)	1021 31%	475 32%	546 30%	242 32%	284 31%	230 32%	258 29%	120 29%	127 31%	82 32%	127 29%	134 34%	146 32%	139 34%	145 30%	
Likely (7/6) (Net)	492 15%	225 15%	267 15%	113 15%	132 14%	111 16%	133 15%	55 14%	55 13%	41 16%	69 16%	67 17%	74 16%	62 15%	69 14%	
(7) Very likely 7	232 7%	98 7%	134 7%	40 5%	60 7%	56 8%	72 8%	20 5%	23 6%	23 9%	39 9%	24 6%	39 8%	32 8%	33 7%	
(6) 6	260 8%	127 9%	133 7%	73 10%	72 8%	55 8%	61 7%	36 9%	31 8%	18 7%	30 7%	43 11%	36 8%	31 7%	36 7%	
(5) 5	529 16%	250 17%	279 16%	129 17%	153 17%	119 17%	125 14%	64 16%	73 18%	41 16%	58 13%	67 17%	72 16%	77 19%	77 16%	
(4) 4	695 21%	292 20%	403 22%	154 20%	206 23%	136 19%	197 22%	69 17%	82 20%	41 16%	99 23%	85 21%	106 23%	98 24%	117 24%	
Not Likely (1/2/3) (Net)	1468 45%	656 45%	811 45%	327 44%	401 44%	327 46%	408 46%	170 42%	160 39%	131 52%	211 48%	178 45%	210 45%	177 43%	231 47%	
(3) 3	424 13%	209 14%	215 12%	101 14%	117 13%	107 15%	98 11%	53 13%	47 11%	35 14%	44 10%	55 14%	61 13%	66 16%	64 13%	
Not Likely (1/2) (Net)	1043 32%	447 30%	596 33%	226 30%	284 31%	219 31%	310 35%	117 29%	113 28%	95 38%	167 38%	123 31%	150 32%	111 27%	167 34%	
(2) 2	402 12%	184 12%	218 12%	92 12%	107 12%	91 13%	111 13%	44 11%	47 11%	39 15%	60 14%	56 14%	60 13%	44 11%	51 10%	
(1) Not at all likely 1	642 20%	264 18%	378 21%	134 18%	177 19%	129 18%	199 23%	73 18%	66 16%	57 22%	107 24%	67 17%	90 19%	67 16%	116 23%	
Sigma	3184 97%	1423 97%	1761 98%	723 96%	891 98%	692 97%	863 98%	359 88%	369 90%	253 100%	436 100%	397 100%	463 100%	414 100%	493 100%	
<b>Summary</b>																
Mean	3.56	3.6	3.52	3.6	3.57	3.6	3.47	3.54	3.64	3.46	3.43	3.64	3.59	3.71	3.46	
Standard deviation	1.85	1.82	1.86	1.8	1.82	1.85	1.9	1.83	1.8	1.94	1.94	1.8	1.86	1.77	1.85	
Std.Err	0.03	0.05	0.04	0.07	0.06	0.07	0.06	0.1	0.09	0.12	0.09	0.09	0.09	0.09	0.08	

Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...Use a free helpline

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Answering</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Likely (7/6/5) (Net)	1109 34%	533 36%	576 32%	287 38%	297 33%	242 34%	277 31%	159 39%	136 33%	88 35%	139 32%	140 35%	141 30%	147 35%	160 33%
Likely (7/6) (Net)	550 17%	278 19%	272 15%	146 19%	145 16%	131 18%	125 14%	86 21%	65 16%	50 20%	73 17%	72 18%	65 14%	70 17%	69 14%
(7) Very likely 7	260 8%	132 9%	129 7%	66 9%	74 8%	64 9%	53 6%	31 7%	30 7%	28 11%	41 9%	31 8%	31 7%	41 10%	27 5%
(6) 6	289 9%	146 10%	143 8%	80 11%	71 8%	67 9%	72 8%	56 14%	35 8%	22 9%	32 7%	40 10%	35 7%	29 7%	42 9%
(5) 5	559 17%	255 17%	304 17%	142 19%	153 17%	111 16%	151 17%	72 18%	71 17%	38 15%	66 15%	68 17%	75 16%	77 19%	92 19%
(4) 4	688 21%	304 21%	384 21%	167 22%	209 23%	134 19%	173 20%	75 18%	92 22%	51 20%	96 22%	93 23%	99 21%	85 20%	97 20%
Not Likely (1/2/3) (Net)	1388 42%	587 40%	801 45%	270 36%	384 42%	316 44%	414 47%	126 31%	142 35%	114 45%	202 46%	165 41%	223 48%	182 44%	235 48%
(3) 3	416 13%	188 13%	228 13%	84 11%	110 12%	104 15%	117 13%	52 13%	43 10%	38 15%	57 13%	51 13%	74 16%	47 11%	54 11%
Not Likely (1/2) (Net)	972 30%	399 27%	573 32%	186 25%	275 30%	212 30%	296 34%	74 18%	99 24%	76 30%	145 33%	114 29%	149 32%	135 33%	180 37%
(2) 2	365 11%	146 10%	220 12%	71 10%	104 11%	74 10%	115 13%	31 8%	50 12%	23 9%	50 11%	45 11%	67 14%	47 11%	53 11%
(1) Not at all likely 1	607 19%	253 17%	354 20%	114 15%	171 19%	138 19%	182 21%	43 11%	48 12%	53 21%	95 22%	69 17%	82 18%	88 21%	128 26%
Sigma	3185 97%	1424 97%	1761 98%	724 96%	890 98%	692 97%	863 98%	360 88%	369 90%	253 100%	436 100%	397 100%	463 100%	414 100%	493 100%
<b>Summary</b>															
Mean	3.67	3.79	3.57	3.9	3.65	3.67	3.49	4.09	3.84	3.69	3.57	3.74	3.53	3.64	3.42
Standard deviation	1.86	1.88	1.85	1.84	1.85	1.91	1.84	1.77	1.77	1.95	1.91	1.84	1.79	1.93	1.89
Std.Err	0.03	0.05	0.04	0.07	0.06	0.07	0.06	0.09	0.09	0.12	0.09	0.09	0.08	0.09	0.08

Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...Talk to a friend about it

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Answering</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Likely (7/6/5) (Net)	1943 59%	902 61%	1041 58%	460 61%	515 57%	438 61%	522 59%	273 67%	265 65%	151 60%	242 55%	244 61%	263 57%	234 57%	272 55%
Likely (7/6) (Net)	1164 36%	548 37%	616 34%	272 36%	297 33%	273 38%	316 36%	166 41%	155 38%	96 38%	146 34%	144 36%	153 33%	141 34%	162 33%
(7) Very likely 7	626 19%	300 20%	327 18%	140 19%	153 17%	158 22%	172 19%	86 21%	72 18%	56 22%	88 20%	79 20%	75 16%	78 19%	92 19%
(6) 6	538 16%	248 17%	289 16%	132 18%	145 16%	115 16%	144 16%	80 20%	83 20%	40 16%	58 13%	65 16%	78 17%	63 15%	70 14%
(5) 5	780 24%	355 24%	425 24%	188 25%	218 24%	164 23%	206 23%	107 26%	110 27%	55 22%	96 22%	99 25%	110 24%	93 23%	110 22%
(4) 4	588 18%	252 17%	336 19%	120 16%	196 22%	130 18%	140 16%	44 11%	51 12%	48 19%	79 18%	67 17%	105 23%	94 23%	102 21%
Not Likely (1/2/3) (Net)	655 20%	268 18%	387 21%	142 19%	181 20%	124 17%	203 23%	41 10%	57 14%	54 22%	115 26%	86 22%	96 21%	86 21%	119 24%
(3) 3	303 9%	129 9%	174 10%	68 9%	82 9%	59 8%	93 10%	23 6%	24 6%	26 10%	53 12%	47 12%	47 10%	32 8%	49 10%
Not Likely (1/2) (Net)	352 11%	139 9%	212 12%	74 10%	100 11%	65 9%	110 13%	19 5%	32 8%	28 11%	62 14%	39 10%	48 10%	54 13%	70 14%
(2) 2	162 5%	66 4%	96 5%	31 4%	45 5%	35 5%	50 6%	8 2%	15 4%	18 7%	30 7%	23 6%	24 5%	17 4%	27 5%
(1) Not at all likely 1	190 6%	73 5%	116 6%	43 6%	55 6%	30 4%	60 7%	11 3%	18 4%	10 4%	32 7%	15 4%	24 5%	37 9%	43 9%
Sigma	3186 97%	1422 97%	1764 98%	723 96%	892 98%	691 97%	865 98%	358 88%	372 91%	253 100%	436 100%	397 100%	463 100%	414 100%	493 100%
<b>Summary</b>															
Mean	4.8	4.89	4.72	4.85	4.7	4.94	4.74	5.27	5.03	4.83	4.61	4.82	4.7	4.67	4.6
Standard deviation	1.7	1.67	1.72	1.68	1.67	1.66	1.77	1.47	1.59	1.71	1.8	1.65	1.63	1.77	1.79
Std.Err	0.03	0.04	0.04	0.06	0.06	0.06	0.06	0.08	0.08	0.11	0.09	0.08	0.08	0.09	0.08

Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...Talk to your parents about it

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Answering</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Likely (7/6/5) (Net)	1586 48%	742 50%	844 47%	418 56%	436 48%	320 45%	406 46%	285 70%	264 65%	108 43%	179 41%	174 44%	192 42%	175 42%	209 42%
Likely (7/6) (Net)	990 30%	467 32%	523 29%	263 35%	273 30%	200 28%	248 28%	211 52%	193 47%	72 28%	102 23%	95 24%	107 23%	89 21%	120 24%
(7) Very likely 7	539 16%	257 17%	281 16%	139 18%	143 16%	115 16%	136 15%	110 27%	99 24%	40 16%	63 14%	52 13%	55 12%	55 13%	65 13%
(6) 6	451 14%	210 14%	242 13%	124 17%	130 14%	84 12%	112 13%	100 25%	95 23%	32 13%	39 9%	44 11%	52 11%	33 8%	56 11%
(5) 5	596 18%	275 19%	321 18%	155 21%	163 18%	120 17%	158 18%	74 18%	70 17%	36 14%	77 18%	78 20%	85 18%	87 21%	89 18%
(4) 4	569 17%	256 17%	313 17%	121 16%	180 20%	133 19%	132 15%	38 9%	58 14%	51 20%	75 17%	84 21%	92 20%	84 20%	87 18%
Not Likely (1/2/3) (Net)	1027 31%	423 29%	605 34%	181 24%	274 30%	239 33%	326 37%	34 8%	48 12%	94 37%	182 42%	140 35%	178 39%	154 37%	196 40%
(3) 3	338 10%	137 9%	201 11%	66 9%	91 10%	68 10%	107 12%	17 4%	20 5%	30 12%	48 11%	54 14%	59 13%	36 9%	73 15%
Not Likely (1/2) (Net)	689 21%	285 19%	404 22%	115 15%	183 20%	170 24%	219 25%	17 4%	27 7%	65 26%	134 31%	86 22%	119 26%	118 29%	123 25%
(2) 2	229 7%	93 6%	136 8%	37 5%	59 6%	55 8%	77 9%	7 2%	15 4%	20 8%	39 9%	27 7%	42 9%	38 9%	40 8%
(1) Not at all likely 1	460 14%	193 13%	268 15%	78 10%	124 14%	115 16%	143 16%	10 2%	12 3%	44 17%	95 22%	59 15%	77 17%	80 19%	83 17%
Sigma	3182 97%	1421 96%	1761 98%	721 96%	890 98%	692 97%	864 98%	357 87%	370 91%	253 100%	436 100%	397 100%	463 100%	414 100%	493 100%
<b>Summary</b>															
Mean	4.29	4.4	4.21	4.62	4.3	4.16	4.12	5.53	5.27	4.07	3.84	4.09	3.96	3.92	3.98
Standard deviation	1.97	1.96	1.98	1.88	1.94	2.01	2.02	1.47	1.59	2.02	2.06	1.89	1.92	1.98	1.95
Std.Err	0.03	0.05	0.05	0.07	0.06	0.08	0.07	0.08	0.08	0.13	0.1	0.09	0.09	0.1	0.09

Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...Talk to my teacher about it

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>1622</b>	<b>740</b>	<b>882</b>	<b>318</b>	<b>404</b>	<b>413</b>	<b>472</b>	<b>439</b>	<b>444</b>	<b>177</b>	<b>267</b>	<b>96</b>	<b>116</b>	<b>28</b>	<b>55</b>
<b>Weighted Base: Total Answering</b>	<b>1537</b>	<b>698</b>	<b>839</b>	<b>367</b>	<b>410</b>	<b>322</b>	<b>423</b>	<b>400</b>	<b>403</b>	<b>166</b>	<b>256</b>	<b>103</b>	<b>120</b>	<b>29</b>	<b>60</b>
Likely (7/6/5) (Net)	413 27%	200 29%	213 25%	124 34%	116 28%	73 23%	96 23%	150 38%	130 32%	32 19%	49 19%	13 12%	20 17%	5 19%	15 24%
Likely (7/6) (Net)	182 12%	84 12%	97 12%	47 13%	54 13%	36 11%	42 10%	68 17%	60 15%	12 7%	23 9%	3 3%	8 6%	1 3%	7 12%
(7) Very likely 7	76 5%	31 4%	45 5%	19 5%	28 7%	11 4%	17 4%	25 6%	27 7%	6 3%	10 4%	- -	4 4%	- -	5 8%
(6) 6	106 7%	54 8%	52 6%	28 8%	26 6%	24 8%	26 6%	43 11%	34 8%	7 4%	13 5%	3 3%	3 3%	1 3%	2 4%
(5) 5	232 15%	116 17%	116 14%	77 21%	62 15%	37 12%	54 13%	82 21%	70 17%	20 12%	26 10%	9 9%	13 10%	5 16%	8 13%
(4) 4	293 19%	128 18%	165 20%	67 18%	99 24%	59 18%	65 15%	65 16%	79 20%	31 19%	44 17%	26 25%	28 23%	6 22%	13 22%
Not Likely (1/2/3) (Net)	747 49%	318 46%	429 51%	149 40%	177 43%	167 52%	248 59%	134 33%	162 40%	102 62%	163 64%	65 63%	72 60%	17 59%	32 53%
(3) 3	200 13%	94 13%	106 13%	52 14%	52 13%	41 13%	53 12%	51 13%	39 10%	24 15%	39 15%	15 15%	19 16%	3 11%	9 15%
Not Likely (1/2) (Net)	547 36%	224 32%	323 38%	97 26%	125 31%	126 39%	195 46%	83 21%	123 30%	78 47%	124 48%	50 48%	53 44%	14 48%	23 39%
(1) Not at all likely 1	204 13%	78 11%	126 15%	41 11%	54 13%	36 11%	71 17%	34 9%	58 14%	26 16%	41 16%	12 12%	20 16%	5 19%	8 13%
(1) Not at all likely 1	344 22%	146 21%	197 23%	56 15%	71 17%	91 28%	124 29%	49 12%	65 16%	52 31%	83 33%	38 37%	33 28%	8 29%	16 26%
	1454 95%	647 93%	807 96%	340 93%	393 96%	299 93%	408 96%	349 87%	371 92%	166 100%	256 100%	103 100%	120 100%	29 100%	60 100%
Mean	3.33	3.42	3.26	3.68	3.55	3.12	2.99	3.94	3.64	2.9	2.87	2.67	2.95	2.86	3.25
Standard deviation	1.82	1.81	1.82	1.76	1.78	1.84	1.82	1.78	1.84	1.73	1.76	1.55	1.67	1.59	1.86
	0.05	0.07	0.06	0.1	0.09	0.11	0.09	0.1	0.1	0.13	0.11	0.15	0.15	0.3	0.24

Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...Talk to my school counsellor about it

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>1622</b>	<b>740</b>	<b>882</b>	<b>318</b>	<b>404</b>	<b>413</b>	<b>472</b>	<b>439</b>	<b>444</b>	<b>177</b>	<b>267</b>	<b>96</b>	<b>116</b>	<b>28</b>	<b>55</b>
<b>Weighted Base: Total Answering</b>	<b>1537</b>	<b>698</b>	<b>839</b>	<b>367</b>	<b>410</b>	<b>322</b>	<b>423</b>	<b>400</b>	<b>403</b>	<b>166</b>	<b>256</b>	<b>103</b>	<b>120</b>	<b>29</b>	<b>60</b>
Likely (7/6/5) (Net)	538 35%	255 37%	283 34%	144 39%	157 38%	109 34%	124 29%	178 44%	164 41%	45 27%	72 28%	24 23%	27 23%	8 28%	19 32%
Likely (7/6) (Net)	253 16%	121 17%	132 16%	65 18%	62 15%	56 17%	68 16%	89 22%	79 20%	18 11%	37 14%	11 10%	8 7%	3 11%	9 14%
(7) Very likely 7	120 8%	63 9%	57 7%	39 11%	26 6%	23 7%	30 7%	44 11%	28 7%	12 8%	22 9%	5 5%	1 1%	1 5%	5 9%
(6) 6	134 9%	58 8%	76 9%	26 7%	36 9%	32 10%	38 9%	45 11%	51 13%	6 3%	15 6%	6 5%	7 6%	2 6%	3 5%
(5) 5	284 19%	134 19%	150 18%	79 22%	95 23%	53 17%	55 13%	89 22%	85 21%	27 16%	36 14%	13 13%	19 16%	5 17%	11 18%
(4) 4	283 18%	123 18%	160 19%	61 17%	85 21%	59 18%	74 18%	66 16%	75 19%	33 20%	42 16%	18 17%	30 25%	7 23%	13 22%
Not Likely (1/2/3) (Net)	629 41%	271 39%	358 43%	135 37%	148 36%	134 42%	207 49%	108 27%	125 31%	88 53%	142 56%	62 60%	63 53%	14 49%	27 45%
(3) 3	208 14%	110 16%	98 12%	63 17%	47 11%	45 14%	51 12%	50 12%	40 10%	31 19%	31 12%	24 23%	24 20%	5 18%	4 6%
Not Likely (1/2) (Net)	421 27%	162 23%	260 31%	71 19%	101 25%	89 28%	156 37%	58 15%	85 21%	57 34%	112 44%	38 36%	40 33%	9 31%	24 40%
(2) 2	148 10%	52 7%	96 11%	23 6%	39 10%	29 9%	56 13%	24 6%	40 10%	13 8%	38 15%	12 11%	12 10%	2 8%	5 9%
(1) Not at all likely 1	274 18%	110 16%	164 19%	48 13%	62 15%	60 19%	101 24%	34 8%	45 11%	44 26%	73 29%	26 25%	27 23%	7 24%	18 30%
Sigma	1450 94%	649 93%	801 95%	339 92%	390 95%	302 94%	405 96%	351 88%	365 91%	166 100%	256 100%	103 100%	120 100%	29 100%	60 100%
<b>Summary</b>															
Mean	3.71	3.84	3.61	3.98	3.83	3.69	3.4	4.32	4.05	3.32	3.23	3.17	3.22	3.4	3.4
Standard deviation	1.86	1.85	1.87	1.82	1.77	1.88	1.94	1.75	1.77	1.85	1.96	1.76	1.6	1.8	2.02
Std.Err	0.05	0.07	0.07	0.1	0.09	0.11	0.1	0.09	0.09	0.14	0.12	0.17	0.15	0.33	0.26

Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...Look for resources on the internet

	Total	Wave		Gender Tracking				Age Tracking								
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)	
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>	
<b>Weighted Base: Total Answering</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>	
Likely (7/6/5) (Net)	1769 54%	800 54%	969 54%	411 55%	461 51%	387 54%	504 57%	207 51%	193 47%	139 55%	251 58%	215 54%	246 53%	240 58%	279 57%	
Likely (7/6) (Net)	964 29%	449 30%	515 29%	228 30%	231 25%	221 31%	282 32%	112 27%	100 25%	88 35%	142 33%	121 30%	122 26%	129 31%	151 31%	
(7) Very likely 7	455 14%	211 14%	244 14%	98 13%	103 11%	113 16%	140 16%	53 13%	44 11%	45 18%	70 16%	52 13%	63 14%	61 15%	68 14%	
(6) 6	509 16%	238 16%	272 15%	130 17%	128 14%	108 15%	142 16%	58 14%	57 14%	43 17%	72 17%	69 17%	59 13%	67 16%	83 17%	
(5) 5	805 25%	351 24%	453 25%	183 24%	231 25%	167 23%	222 25%	95 23%	92 23%	51 20%	109 25%	94 24%	124 27%	111 27%	128 26%	
(4) 4	678 21%	329 22%	350 19%	159 21%	193 21%	167 23%	155 18%	76 19%	81 20%	54 21%	79 18%	98 25%	90 19%	100 24%	100 20%	
Not Likely (1/2/3) (Net)	738 23%	293 20%	445 25%	153 20%	237 26%	137 19%	206 23%	75 18%	98 24%	61 24%	107 24%	84 21%	127 27%	74 18%	114 23%	
(3) 3	320 10%	139 9%	181 10%	70 9%	94 10%	68 10%	85 10%	36 9%	44 11%	26 10%	36 8%	44 11%	56 12%	34 8%	45 9%	
Not Likely (1/2) (Net)	418 13%	154 10%	265 15%	83 11%	143 16%	68 10%	122 14%	39 9%	54 13%	35 14%	71 16%	40 10%	70 15%	40 10%	69 14%	
(2) 2	185 6%	69 5%	115 6%	37 5%	60 7%	32 4%	55 6%	24 6%	29 7%	13 5%	32 7%	16 4%	30 6%	16 4%	25 5%	
(1) Not at all likely 1	234 7%	84 6%	150 8%	46 6%	83 9%	37 5%	66 7%	15 4%	26 6%	22 9%	39 9%	24 6%	40 9%	24 6%	45 9%	
Sigma	3185 97%	1422 97%	1764 98%	723 96%	891 98%	691 97%	865 98%	358 87%	372 91%	253 100%	436 100%	397 100%	463 100%	414 100%	493 100%	
<b>Summary</b>																
Mean	4.56	4.65	4.49	4.63	4.37	4.69	4.62	4.68	4.43	4.6	4.56	4.61	4.42	4.71	4.55	
Standard deviation	1.69	1.63	1.73	1.64	1.72	1.62	1.74	1.59	1.67	1.79	1.79	1.6	1.73	1.58	1.73	
Std.Err	0.03	0.04	0.04	0.06	0.06	0.06	0.06	0.08	0.09	0.11	0.09	0.08	0.08	0.08	0.08	

Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...See a medical professional in-person

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Answering</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Likely (7/6/5) (Net)	1466 45%	699 47%	767 43%	342 45%	363 40%	353 50%	399 45%	191 47%	189 46%	116 46%	174 40%	177 45%	193 42%	215 52%	211 43%
Likely (7/6) (Net)	791 24%	374 25%	416 23%	165 22%	191 21%	206 29%	222 25%	114 28%	103 25%	60 24%	94 22%	91 23%	105 23%	109 26%	114 23%
(7) Very likely 7	415 13%	194 13%	221 12%	75 10%	91 10%	116 16%	128 15%	46 11%	49 12%	30 12%	49 11%	52 13%	59 13%	67 16%	64 13%
(6) 6	376 11%	180 12%	195 11%	90 12%	100 11%	90 13%	94 11%	68 17%	54 13%	31 12%	45 10%	39 10%	46 10%	42 10%	50 10%
(5) 5	675 21%	325 22%	350 19%	177 24%	172 19%	147 21%	177 20%	76 19%	85 21%	55 22%	80 18%	86 22%	87 19%	106 26%	97 20%
(4) 4	693 21%	298 20%	395 22%	156 21%	203 22%	140 20%	190 22%	70 17%	80 20%	53 21%	94 22%	98 25%	104 22%	78 19%	117 24%
Not Likely (1/2/3) (Net)	1029 31%	425 29%	604 34%	225 30%	329 36%	198 28%	275 31%	98 24%	106 26%	85 33%	168 38%	122 31%	166 36%	121 29%	164 33%
(3) 3	393 12%	182 12%	210 12%	92 12%	115 13%	89 13%	95 11%	47 12%	35 9%	29 11%	48 11%	61 15%	72 16%	45 11%	54 11%
Not Likely (1/2) (Net)	636 19%	242 16%	394 22%	133 18%	214 23%	109 15%	179 20%	51 12%	71 17%	56 22%	120 27%	60 15%	94 20%	75 18%	110 22%
(2) 2	275 8%	113 8%	162 9%	54 7%	84 9%	59 8%	78 9%	30 7%	32 8%	27 10%	56 13%	24 6%	35 8%	33 8%	39 8%
Sigma	361 11%	129 9%	232 13%	79 10%	129 14%	51 7%	102 12%	21 5%	39 10%	29 12%	63 15%	37 9%	59 13%	42 10%	71 14%
	3188 97%	1422 97%	1766 98%	723 96%	894 98%	691 97%	864 98%	358 88%	374 92%	253 100%	436 100%	397 100%	463 100%	414 100%	493 100%
Mean	4.2	4.33	4.1	4.2	3.97	4.46	4.22	4.51	4.34	4.14	3.92	4.25	4.08	4.37	4.09
	1.82	1.77	1.85	1.75	1.83	1.78	1.86	1.7	1.81	1.82	1.88	1.72	1.83	1.83	1.87
Std.Err	0.03	0.05	0.04	0.06	0.06	0.07	0.06	0.09	0.09	0.11	0.09	0.09	0.08	0.09	0.08



Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...Go to the hospital emergency department

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Answering</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Likely (7/6/5) (Net)	744 23%	366 25%	378 21%	204 27%	205 23%	158 22%	172 19%	108 26%	79 19%	56 22%	97 22%	100 25%	110 24%	102 25%	92 19%
Likely (7/6) (Net)	359 11%	182 12%	177 10%	101 13%	91 10%	80 11%	85 10%	53 13%	38 9%	28 11%	50 12%	54 14%	46 10%	48 12%	42 9%
(7) Very likely 7	150 5%	77 5%	73 4%	42 6%	39 4%	34 5%	33 4%	22 5%	11 3%	12 5%	26 6%	19 5%	22 5%	25 6%	13 3%
(6) 6	210 6%	105 7%	104 6%	59 8%	52 6%	46 6%	52 6%	31 8%	26 6%	16 6%	24 6%	35 9%	24 5%	23 6%	29 6%
(5) 5	384 12%	183 12%	201 11%	103 14%	114 13%	78 11%	87 10%	55 13%	41 10%	28 11%	47 11%	46 12%	64 14%	54 13%	50 10%
(4) 4	578 18%	258 18%	320 18%	143 19%	169 19%	114 16%	150 17%	54 13%	74 18%	44 17%	62 14%	73 18%	76 16%	86 21%	108 22%
Not Likely (1/2/3) (Net)	1860 57%	798 54%	1062 59%	377 50%	517 57%	418 59%	540 61%	196 48%	215 53%	153 60%	277 64%	224 56%	276 60%	226 54%	293 59%
(3) 3	489 15%	229 16%	260 14%	121 16%	130 14%	107 15%	128 14%	60 15%	57 14%	42 17%	65 15%	68 17%	76 16%	58 14%	63 13%
Not Likely (1/2) (Net)	1371 42%	569 39%	801 45%	256 34%	387 43%	311 44%	412 47%	136 33%	158 39%	111 44%	213 49%	155 39%	200 43%	167 40%	230 47%
(2) 2	465 14%	198 13%	267 15%	86 11%	131 14%	110 15%	135 15%	57 14%	63 15%	28 11%	69 16%	55 14%	72 16%	57 14%	62 13%
(1) Not at all likely 1	906 28%	372 25%	535 30%	170 23%	256 28%	201 28%	276 31%	79 19%	95 23%	82 32%	144 33%	100 25%	128 28%	110 27%	168 34%
Sigma	3182 97%	1422 97%	1760 98%	724 96%	891 98%	689 97%	861 98%	358 88%	368 90%	253 100%	436 100%	397 100%	463 100%	414 100%	493 100%
<b>Summary</b>															
Mean	3.09	3.22	2.99	3.37	3.07	3.04	2.91	3.36	3.07	3.01	2.94	3.23	3.08	3.21	2.9
Standard deviation	1.81	1.84	1.79	1.83	1.79	1.83	1.78	1.85	1.73	1.83	1.87	1.82	1.79	1.84	1.75
Std.Err	0.03	0.05	0.04	0.07	0.06	0.07	0.06	0.1	0.09	0.12	0.09	0.09	0.08	0.09	0.08

Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...Go to a youth wellness hub -- a community space where you can access multiple services in one place (e.e. mental health care, see a family doctor, get job support, etc.)

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Answering</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Likely (7/6/5) (Net)	770 24%	365 25%	405 23%	190 25%	206 23%	171 24%	198 22%	117 29%	102 25%	54 21%	102 23%	96 24%	103 22%	98 24%	99 20%
Likely (7/6) (Net)	352 11%	171 12%	181 10%	85 11%	102 11%	83 12%	79 9%	48 12%	42 10%	28 11%	47 11%	44 11%	46 10%	50 12%	46 9%
(7) Very likely 7	151 5%	70 5%	82 5%	33 4%	37 4%	35 5%	44 5%	19 5%	19 5%	8 3%	26 6%	18 4%	18 4%	25 6%	18 4%
(6) 6	201 6%	101 7%	100 6%	52 7%	65 7%	47 7%	35 4%	30 7%	23 6%	20 8%	21 5%	26 7%	28 6%	25 6%	28 6%
(5) 5	418 13%	194 13%	224 12%	105 14%	104 11%	88 12%	118 13%	68 17%	60 15%	26 10%	54 12%	52 13%	57 12%	47 11%	53 11%
(4) 4	587 18%	257 17%	330 18%	149 20%	180 20%	107 15%	149 17%	68 17%	83 20%	40 16%	77 18%	75 19%	87 19%	74 18%	83 17%
Not Likely (1/2/3) (Net)	1830 56%	803 55%	1027 57%	386 51%	505 55%	414 58%	518 59%	176 43%	185 45%	159 63%	258 59%	226 57%	273 59%	242 59%	310 63%
(3) 3	472 14%	211 14%	262 15%	98 13%	120 13%	112 16%	141 16%	65 16%	46 11%	44 17%	67 15%	54 14%	75 16%	48 11%	74 15%
Not Likely (1/2) (Net)	1358 41%	592 40%	765 43%	288 38%	385 42%	303 42%	377 43%	112 27%	140 34%	115 45%	191 44%	172 43%	198 43%	195 47%	236 48%
(2) 2	509 16%	235 16%	275 15%	119 16%	132 14%	116 16%	142 16%	48 12%	67 16%	44 17%	65 15%	70 18%	71 15%	73 18%	72 15%
(1) Not at all likely 1	848 26%	358 24%	490 27%	169 22%	253 28%	187 26%	235 27%	63 15%	73 18%	71 28%	127 29%	102 26%	127 27%	121 29%	164 33%
Sigma	3187 97%	1425 97%	1762 98%	725 97%	890 98%	692 97%	864 98%	361 88%	370 91%	253 100%	436 100%	397 100%	463 100%	414 100%	493 100%
<b>Summary</b>															
Mean	3.13	3.2	3.08	3.26	3.1	3.11	3.06	3.54	3.36	3	3.08	3.14	3.07	3.07	2.89
Standard deviation	1.8	1.81	1.79	1.79	1.81	1.83	1.78	1.75	1.76	1.76	1.84	1.79	1.76	1.88	1.78
Std.Err	0.03	0.05	0.04	0.07	0.06	0.07	0.06	0.09	0.09	0.11	0.09	0.09	0.08	0.09	0.08

Thinking specifically about your mental health, if you were ever struggling with a mental health challenge, how likely would you be to...Do nothing

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>605</b>	<b>857</b>	<b>859</b>	<b>936</b>	<b>450</b>	<b>450</b>	<b>263</b>	<b>450</b>	<b>362</b>	<b>450</b>	<b>398</b>	<b>450</b>
<b>Weighted Base: Total Answering</b>	<b>3273</b>	<b>1473</b>	<b>1800</b>	<b>751</b>	<b>910</b>	<b>713</b>	<b>883</b>	<b>409</b>	<b>408</b>	<b>253</b>	<b>436</b>	<b>397</b>	<b>463</b>	<b>414</b>	<b>493</b>
Likely (7/6/5) (Net)	1366 42%	590 40%	776 43%	318 42%	399 44%	272 38%	372 42%	118 29%	145 36%	119 47%	198 45%	190 48%	217 47%	162 39%	216 44%
Likely (7/6) (Net)	836 26%	355 24%	482 27%	196 26%	255 28%	159 22%	224 25%	65 16%	90 22%	77 30%	128 29%	113 28%	126 27%	100 24%	137 28%
(7) Very likely 7	497 15%	209 14%	288 16%	108 14%	151 17%	101 14%	134 15%	28 7%	45 11%	50 20%	84 19%	71 18%	76 16%	60 15%	83 17%
(6) 6	340 10%	146 10%	194 11%	88 12%	104 11%	58 8%	89 10%	37 9%	45 11%	27 10%	44 10%	42 11%	50 11%	40 10%	54 11%
(5) 5	530 16%	235 16%	295 16%	122 16%	144 16%	113 16%	149 17%	53 13%	55 14%	43 17%	70 16%	77 20%	90 20%	62 15%	79 16%
(4) 4	686 21%	299 20%	387 22%	148 20%	202 22%	149 21%	185 21%	73 18%	79 19%	52 20%	100 23%	81 20%	95 21%	93 22%	112 23%
Not Likely (1/2/3) (Net)	1104 34%	518 35%	586 33%	246 33%	286 31%	266 37%	300 34%	151 37%	134 33%	82 32%	138 32%	126 32%	151 33%	159 38%	164 33%
(3) 3	346 11%	178 12%	167 9%	95 13%	89 10%	82 11%	77 9%	40 10%	36 9%	28 11%	42 10%	50 13%	47 10%	60 14%	42 9%
Not Likely (1/2) (Net)	759 23%	339 23%	419 23%	151 20%	197 22%	184 26%	222 25%	112 27%	98 24%	54 21%	95 22%	75 19%	104 22%	99 24%	122 25%
(2) 2	255 8%	122 8%	133 7%	57 8%	65 7%	61 9%	68 8%	48 12%	29 7%	18 7%	32 7%	25 6%	32 7%	30 7%	40 8%
(1) Not at all likely 1	504 15%	218 15%	286 16%	94 13%	132 14%	123 17%	154 17%	63 16%	68 17%	35 14%	64 15%	51 13%	72 15%	68 16%	83 17%
Sigma	3156 96%	1406 95%	1750 97%	711 95%	887 97%	687 96%	856 97%	342 84%	358 88%	253 100%	436 100%	397 100%	463 100%	414 100%	493 100%
<b>Summary</b>															
Mean	4.11	4.06	4.15	4.18	4.22	3.94	4.06	3.66	3.95	4.3	4.26	4.31	4.2	3.99	4.14
Standard deviation	1.97	1.95	1.99	1.91	1.96	1.98	2.01	1.89	1.99	1.99	1.98	1.91	1.96	1.94	2.01
Std.Err	0.04	0.05	0.05	0.07	0.07	0.08	0.07	0.1	0.1	0.13	0.09	0.1	0.09	0.1	0.09

How likely do you feel you would be to access mental health resources in the next 12 months?

	Total	Wave		Gender Tracking				Age Tracking							
		2023	2022	M (Current)	M (Last)	F (Current)	F (Last)	14-17 (Current)	14-17 (Last)	18-21 (Current)	18-21 (Last)	22-25 (Current)	22-25 (Last)	26-29 (Current)	26-29 (Last)
		A	B	C	D	E	F	G	H	I	J	K	L	M	N
<b>Unweighted Base</b>	<b>1473</b>	<b>1473</b>	-	<b>605</b>	-	<b>859</b>	-	<b>450</b>	-	<b>263</b>	-	<b>362</b>	-	<b>398</b>	-
<b>Weighted Base: Total Respondents</b>	<b>1473</b>	<b>1473</b>	-	<b>751</b>	-	<b>713</b>	-	<b>409</b>	-	<b>253</b>	-	<b>397</b>	-	<b>414</b>	-
Likely (7/6/5) (Net)	557 38%	557 38%	-	254 34%	-	298 42%	-	127 31%	-	96 38%	-	176 44%	-	158 38%	-
Likely (7/6) (Net)	291 20%	291 20%	-	132 18%	-	157 22%	-	69 17%	-	49 19%	-	95 24%	-	77 19%	-
(7) 7 - Very likely	165 11%	165 11%	-	64 9%	-	98 14%	-	43 11%	-	30 12%	-	54 14%	-	37 9%	-
(6) 6	126 9%	126 9%	-	67 9%	-	59 8%	-	26 6%	-	19 8%	-	41 10%	-	40 10%	-
(5) 5	266 18%	266 18%	-	123 16%	-	141 20%	-	58 14%	-	47 19%	-	80 20%	-	80 19%	-
(4) 4	328 22%	328 22%	-	176 23%	-	150 21%	-	79 19%	-	64 25%	-	94 24%	-	91 22%	-
Not Likely (1/2/3) (Net)	588 40%	588 40%	-	320 43%	-	264 37%	-	203 50%	-	93 37%	-	127 32%	-	165 40%	-
(3) 3	184 12%	184 12%	-	98 13%	-	86 12%	-	47 12%	-	38 15%	-	53 13%	-	46 11%	-
Not Likely (1/2) (Net)	404 27%	404 27%	-	222 30%	-	178 25%	-	155 38%	-	55 22%	-	75 19%	-	119 29%	-
(2) 2	159 11%	159 11%	-	79 11%	-	79 11%	-	58 14%	-	21 8%	-	30 8%	-	50 12%	-
(1) 1 - Not at all likely	244 17%	244 17%	-	143 19%	-	99 14%	-	97 24%	-	34 14%	-	44 11%	-	69 17%	-
<b>Summary</b>															
Mean	3.85	3.85	-	3.69	-	4.02	-	3.47	-	3.98	-	4.2	-	3.81	-
Standard deviation	1.89	1.89	-	1.86	-	1.89	-	1.98	-	1.81	-	1.8	-	1.86	-
Standard error	0.05	0.05	-	0.07	-	0.07	-	0.1	-	0.11	-	0.09	-	0.09	-
Sigma	1473 100%	1473 100%	-	751 100%	-	713 100%	-	409 100%	-	253 100%	-	397 100%	-	414 100%	-