



TOPLINE AND METHODOLOGY

Axios-Ipsos American Health Index – Wave 4

Conducted by Ipsos using KnowledgePanel®

A survey of the American general population (ages 18+)

Wave:
Wave 4

Interview dates:
February 16-20, 2024

Interviews:
1,247

Margin of error for the total Wave 4 sample: +/-2.9 percentage points at the 95% confidence level

NOTE: All results show percentages among all respondents, unless otherwise labeled. Reduced bases are unweighted values.

NOTE: * = less than 0.5%, - = no respondents

Annotated Questionnaire:

1. How would you describe the condition of the following right now?

Your diet

Wave:	Very good	Somewhat good	Somewhat poor	Very poor	Skipped	Total Very/somewhat good	Total Very/somewhat poor
February 16-20, 2024	20	56	21	3	*	76	24
August 11-14, 2023	20	56	19	4	1	76	23
May 12-15, 2023	20	54	21	4	1	74	25
February 17-2, 2023	21	56	18	5	1	77	22

Your emotional well-being

Wave:	Very good	Somewhat good	Somewhat poor	Very poor	Skipped	Total Very/somewhat good	Total Very/somewhat poor
February 16-20, 2024	40	46	12	2	*	86	14
August 11-14, 2023	40	46	12	2	1	86	14
May 12-15, 2023	41	43	13	2	1	84	16
February 17-2, 2023	43	43	11	3	1	86	13

Your home and home-life

Wave:	Very good	Somewhat good	Somewhat poor	Very poor	Skipped	Total Very/somewhat good	Total Very/somewhat poor
February 16-20, 2024	49	43	7	1	1	92	8
August 11-14, 2023	49	42	7	1	1	91	8
May 12-15, 2023	50	40	8	1	1	90	9
February 17-21, 2023	53	38	6	2	1	92	8





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1. How would you describe the condition of the following right now? *(Continued)*

Your mental health

Wave:	<u>Very good</u>	<u>Somewhat good</u>	<u>Somewhat poor</u>	<u>Very poor</u>	<u>Skipped</u>	<u>Total Very/somewhat good</u>	<u>Total Very/somewhat poor</u>
February 16-20, 2024	43	43	11	2	*	86	13
August 11-14, 2023	43	44	11	2	1	86	13
May 12-15, 2023	44	40	12	3	1	84	15
February 17-21, 2023	46	40	11	2	1	86	13

Your personal finances

Wave:	<u>Very good</u>	<u>Somewhat good</u>	<u>Somewhat poor</u>	<u>Very poor</u>	<u>Skipped</u>	<u>Total Very/somewhat good</u>	<u>Total Very/somewhat poor</u>
February 16-20, 2024	29	45	20	6	*	74	26
August 11-14, 2023	27	46	19	7	1	73	26
May 12-15, 2023	28	46	17	8	1	74	25
February 17-21, 2023	29	49	15	5	1	78	21

Your physical health

Wave:	<u>Very good</u>	<u>Somewhat good</u>	<u>Somewhat poor</u>	<u>Very poor</u>	<u>Skipped</u>	<u>Total Very/Somewhat good</u>	<u>Total Somewhat/Very poor</u>
February 16-20, 2024	27	56	15	2	*	83	17
August 11-14, 2023	27	55	15	2	1	82	17
May 12-15, 2023	27	55	14	3	1	82	17
February 17-21, 2023	27	56	13	3	1	83	16

2. How much of a risk to your health and well-being, if any, do you think the following activities are right now?

Contracting COVID-19

Wave:	<u>Large risk</u>	<u>Moderate risk</u>	<u>Small risk</u>	<u>No risk</u>	<u>Skipped</u>
February 16-20, 2024	11	26	45	17	1
August 11-14, 2023	6	22	51	18	1
May 12-15, 2023	4	20	53	22	1
February 17-21, 2023	5	28	51	16	1



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2. How much of a risk to your health and well-being, if any, do you think the following activities are right now? *(Continued)*

Contracting the flu, RSV, or other respiratory illness (excluding COVID-19)

Wave:	Large risk	Moderate risk	Small risk	No risk	Skipped
February 16-20, 2024	9	27	48	15	1
August 11-14, 2023	6	19	54	20	2
May 12-15, 2023	3	19	55	21	1
February 17-21, 2023	4	26	53	16	*

Your typical day-to-day use of a vehicle (car, truck, or SUV)

Wave:	Large risk	Moderate risk	Small risk	No risk	Skipped
February 16-20, 2024	5	22	46	26	1
August 11-14, 2023	5	20	47	26	1
May 12-15, 2023	2	21	45	31	1
February 17-21, 2023	4	17	47	32	*

Drinking alcohol in moderation (1-2 drinks per day, or less)

Wave:	Large risk	Moderate risk	Small risk	No risk	Skipped
February 16-20, 2024	11	16	34	38	1
August 11-14, 2023	7	14	30	48	2
May 12-15, 2023	8	13	33	45	1

Using cannabis

Wave:	Large risk	Moderate risk	Small risk	No risk	Skipped
February 16-20, 2024	16	15	21	46	2

Smoking cigarettes (*Split-sampled; base size n=621*)

Wave:	Large risk	Moderate risk	Small risk	No risk	Skipped
February 16-20, 2024	38	10	6	45	1

Smoking menthol cigarettes (*Split-sampled; base size n=626*)

Wave:	Large risk	Moderate risk	Small risk	No risk	Skipped
February 16-20, 2024	43	12	4	40	1



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3. In the past week, how often have you done the following, if at all?

Drove 5 miles per hour or more over the speed limit

Wave:	<u>At all times</u>	<u>Sometimes, but not all the time</u>	<u>Occasionally, but not often</u>	<u>Never</u>	<u>Skipped</u>	<u>Total At all times/ Sometimes</u>	<u>Total Occasionally/ Never</u>
February 16-20, 2024	16	40	25	18	*	56	44
August 11-14, 2023	15	40	27	17	1	55	44
May 12-15, 2023	14	36	29	20	1	50	49
February 17-21, 2023	13	39	27	20	*	52	47

Wore a face mask in public settings

Wave:	<u>At all times</u>	<u>Sometimes, but not all the time</u>	<u>Occasionally, but not often</u>	<u>Never</u>	<u>Skipped</u>	<u>Total At all times/ Sometimes</u>	<u>Total Occasionally/ Never</u>
February 16-20, 2024	5	11	19	64	*	17	83
August 11-14, 2023	5	10	17	67	1	15	84
May 12-15, 2023	9	14	21	56	1	23	77
February 17-21, 2023	12	18	26	44	*	30	70

Washed your hands immediately on arriving home or at your place of work

Wave:	<u>At all times</u>	<u>Sometimes, but not all the time</u>	<u>Occasionally, but not often</u>	<u>Never</u>	<u>Skipped</u>	<u>Total At all times/ Sometimes</u>	<u>Total Occasionally/ Never</u>
February 16-20, 2024	36	30	20	13	*	66	34
August 11-14, 2023	37	33	18	11	1	70	29
May 12-15, 2023	34	30	22	13	*	64	35
February 17-21, 2023	35	30	21	13	*	65	35



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4. In the past week, how often, if at all, did you do the following?

Drink alcohol

Wave:	Several times a day	Daily	A few times	Once or less	Never	Skipped	Total Several times/Daily	Total Once/Never
February 16-20, 2024	2	6	19	21	51	*	8	72
August 11-14, 2023	1	5	23	21	48	1	7	69
May 12-15, 2023	2	6	19	23	49	1	8	72
February 17-21, 2023	1	6	20	22	51	*	7	73

Smoke or use tobacco products

Wave:	Several times a day	Daily	A few times	Once or less	Never	Skipped	Total Several times/Daily	Total Once/Never
February 16-20, 2024	4	5	3	3	85	*	9	88
August 11-14, 2023	5	4	4	3	83	1	10	86
May 12-15, 2023	5	5	4	3	83	*	9	86
February 17-21, 2023	5	6	3	3	83	*	10	86

Walk for at least 30 minutes

Wave:	Several times a day	Daily	A few times	Once or less	Never	Skipped	Total Several times/Daily	Total Once/Never
February 16-20, 2024	8	23	34	19	16	*	31	35
August 11-14, 2023	10	24	32	19	14	1	34	33
May 12-15, 2023	7	25	33	19	15	1	32	33
February 17-21, 2023	5	25	34	22	14	*	30	36

5. In the past week, how often, if at all, did you do the following?

Exercise

Wave:	Every day	Most days	A few days	Once or less	Never	Skipped	Total Every/Most days	Total Once or less /Never
February 16-20, 2024	13	21	28	22	16	*	34	38
August 11-14, 2023	15	20	26	22	16	1	35	38
May 12-15, 2023	15	19	29	19	17	1	34	36
February 17-21, 2023	15	19	28	20	17	*	34	38



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5. In the past week, how often, if at all, did you do the following? *(Continued)*

Get at least 7 hours of sleep

Wave:	Every day	Most days	A few days	Once or less	Never	Skipped	Total Every/Most days	Total Once or less /Never
February 16-20, 2024	21	40	27	8	3	*	62	12
August 11-14, 2023	19	39	29	9	3	1	58	13
May 12-15, 2023	20	38	28	9	4	1	58	13
February 17-21, 2023	22	38	26	10	4	*	60	14

Take vitamins or nutritional supplements

Wave:	Every day	Most days	A few days	Once or less	Never	Skipped	Total Every/Most days	Total Once or less /Never
February 16-20, 2024	41	15	11	7	25	*	56	32
August 11-14, 2023	39	13	12	8	28	1	52	35
May 12-15, 2023	42	13	9	9	27	*	55	36
February 17-21, 2023	42	15	9	9	25	*	57	34

Taken an at home COVID test

Wave:	Every day	Most days	A few days	Once or less	Never	Skipped	Total Every/Most days	Total Once or less /Never
February 16-20, 2024	1	*	3	14	82	*	1	96
August 11-14, 2023	*	1	3	13	82	1	1	95
May 12-15, 2023	1	*	3	14	81	*	1	95
February 17-21, 2023	1	1	3	16	78	1	2	95



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6. Of the following, what do you think is the #1 threat to American public health at this moment?

Wave:	February 16-20, 2024	August 11-14, 2023	May 12-15, 2023	February 17-21, 2023
Opioids and fentanyl	24	26	25	26
Obesity	19	23	20	21
Mental health issues	17	NA	NA	NA
Access to guns or firearms	15	20	26	17
Cancer	8	11	8	12
Coronavirus and COVID-19	2	2	3	6
Smoking and tobacco products	2	3	3	3
Limiting access to abortion	2	NA	NA	NA
Alcohol abuse	1	2	3	2
Unsafe roads or driving	1	3	3	4
Something else	6	7	8	7
Skipped	1	2	1	1

8. How much do you agree or disagree with the following statements?

American government makes the health and well-being of citizens a priority

Wave:	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	Skipped	Total Strongly agree / Somewhat agree	Total Somewhat disagree / Strongly disagree
February 16-20, 2024	5	24	39	31	1	29	70
August 11-14, 2023	6	30	35	27	2	36	62
May 12-15, 2023	6	24	38	31	1	30	69
February 17-21, 2023	4	21	42	32	1	25	74

America is adequately prepared to deal with another pandemic or widespread health crisis

Wave:	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	Skipped	Total Strongly agree / Somewhat agree	Total Somewhat disagree / Strongly disagree
February 16-20, 2024	5	27	39	27	1	32	67
August 11-14, 2023	4	31	37	26	2	35	63
May 12-15, 2023	6	26	39	29	1	32	67
February 17-21, 2023	4	24	38	33	1	28	71



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8. How much do you agree or disagree with the following statements? (Continued)

The COVID-19 pandemic is over

Wave:	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>Skipped</u>	<u>Total Strongly agree / Somewhat agree</u>	<u>Total Somewhat disagree / Strongly disagree</u>
February 16-20, 2024	21	30	27	21	1	51	48
August 11-14, 2023	20	30	31	18	2	50	49
May 12-15, 2023	30	32	24	13	1	62	37
February 17-21, 2023	18	28	31	21	1	47	52

The government should be doing more to reduce the number of drug overdose deaths

Wave:	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>Skipped</u>	<u>Total Strongly agree / Somewhat agree</u>	<u>Total Somewhat disagree / Strongly disagree</u>
February 16-20, 2024	36	43	14	5	1	80	19
August 11-14, 2023	35	45	14	5	2	79	18
May 12-15, 2023	37	42	14	5	1	80	19

The recent uptick in COVID-19 cases concerns me

Wave:	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>Skipped</u>	<u>Total Strongly agree / Somewhat agree</u>	<u>Total Somewhat disagree / Strongly disagree</u>
February 16-20, 2024	10	35	28	26	1	44	55
August 11-14, 2023	9	37	28	25	2	46	53

I trust my health care provider to safely store my personal information

Wave:	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>Skipped</u>	<u>Total Strongly agree / Somewhat agree</u>	<u>Total Somewhat disagree / Strongly disagree</u>
February 16-20, 2024	23	53	16	7	1	76	23
August 11-14, 2023	22	52	18	6	2	74	24





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8. How much do you agree or disagree with the following statements? *(Continued)*

I trust my health insurance provider to safely store my personal information

Wave:	<u>Strongly agree</u>	<u>Somewhat agree</u>	<u>Somewhat disagree</u>	<u>Strongly disagree</u>	<u>Skipped</u>	<u>Total Strongly agree / Somewhat agree</u>	<u>Total Somewhat disagree / Strongly disagree</u>
February 16-20, 2024	19	52	20	9	1	71	29
August 11-14	18	50	22	8	2	68	30

10. How much trust do you have, if any, in information about health topics from the following?

The Centers for Disease Control, or CDC

Wave:	<u>A great deal</u>	<u>A fair amount</u>	<u>Not very much</u>	<u>None at all</u>	<u>Skipped</u>	<u>Total A great deal/A fair amount</u>	<u>Total Not very much/None at all</u>
February 16-20, 2024	20	44	22	13	1	64	35
August 11-14, 2023	21	44	22	12	2	64	34
May 12-15, 2023	19	42	24	13	1	61	37
February 17-21, 2023	20	42	24	14	1	62	38

The National Institute of Health, or NIH

Wave:	<u>A great deal</u>	<u>A fair amount</u>	<u>Not very much</u>	<u>None at all</u>	<u>Skipped</u>	<u>Total A great deal/A fair amount</u>	<u>Total Not very much/None at all</u>
February 16-20, 2024	18	43	23	14	1	61	38
August 11-14, 2023	17	45	23	12	2	62	36
May 12-15, 2023	16	44	24	14	2	60	38
February 17-21, 2023	16	45	24	14	1	61	38

Members of your family or close friends

Wave:	<u>A great deal</u>	<u>A fair amount</u>	<u>Not very much</u>	<u>None at all</u>	<u>Skipped</u>	<u>Total A great deal/A fair amount</u>	<u>Total Not very much/None at all</u>
February 16-20, 2024	23	53	20	3	1	76	23
August 11-14, 2023	23	52	20	3	2	75	23
May 12-15, 2023	22	53	20	4	1	75	24
February 17-21, 2023	20	54	22	2	1	74	25



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10. How much trust do you have, if any, in information about health topics from the following?
(Continued)

Your personal doctor

Wave:	<u>A great deal</u>	<u>A fair amount</u>	<u>Not very much</u>	<u>None at all</u>	<u>Skipped</u>	<u>Total A great deal/A fair amount</u>	<u>Total Not very much/None at all</u>
February 16-20, 2024	40	48	8	3	1	88	11
August 11-14, 2023	36	53	6	3	2	89	9
May 12-15, 2023	40	48	8	2	1	88	11
February 17-21, 2023	38	49	9	3	1	87	12

The Food and Drug Administration, or FDA

Wave:	<u>A great deal</u>	<u>A fair amount</u>	<u>Not very much</u>	<u>None at all</u>	<u>Skipped</u>	<u>Total A great deal/A fair amount</u>	<u>Total Not very much/None at all</u>
February 16-20, 2024	15	45	27	12	1	61	38
August 11-14, 2023	15	47	26	11	2	62	36
May 12-15, 2023	15	44	28	12	1	59	40

Your state's governor

Wave:	<u>A great deal</u>	<u>A fair amount</u>	<u>Not very much</u>	<u>None at all</u>	<u>Skipped</u>	<u>Total A great deal/A fair amount</u>	<u>Total Not very much/None at all</u>
February 16-20, 2024	8	32	35	23	1	40	59
August 11-14, 2023	7	36	33	23	1	42	56
May 12-15, 2023	7	34	33	25	1	41	58
February 17-21, 2023	5	35	35	24	1	41	58

11. How much do you support or oppose the following?

Capping out-of-pocket prescription drug costs at \$2,000 per year

Wave:	<u>Strongly support</u>	<u>Somewhat support</u>	<u>Somewhat oppose</u>	<u>Strongly oppose</u>	<u>Skipped</u>	<u>Total Strongly/Somewhat support</u>	<u>Total Somewhat/Strongly oppose</u>
February 16-20, 2024	39	37	14	8	3	76	22
August 11-14, 2023	39	35	14	8	3	74	23



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11. How much do you support or oppose the following? (Continued)

Health insurance providers covering mental health care just as much as physical health care

Wave:	<u>Strongly support</u>	<u>Somewhat support</u>	<u>Somewhat oppose</u>	<u>Strongly oppose</u>	<u>Skipped</u>	<u>Total Strongly/Somewhat support</u>	<u>Total Somewhat/Strongly oppose</u>
February 16-20, 2024	64	27	6	2	2	91	7
August 11-14, 2023	60	29	7	2	2	89	9

Government more aggressively using anti-monopoly powers to prevent pharmaceutical companies from getting too large or dominant

Wave:	<u>Strongly support</u>	<u>Somewhat support</u>	<u>Somewhat oppose</u>	<u>Strongly oppose</u>	<u>Skipped</u>	<u>Total Strongly/Somewhat support</u>	<u>Total Somewhat/Strongly oppose</u>
February 16-20, 2024	55	30	9	4	3	84	13
August 11-14, 2023	39	41	13	4	3	80	17

Making abortion illegal in all cases in your state

Wave:	<u>Strongly support</u>	<u>Somewhat support</u>	<u>Somewhat oppose</u>	<u>Strongly oppose</u>	<u>Skipped</u>	<u>Total Strongly/Somewhat support</u>	<u>Total Somewhat/Strongly oppose</u>
February 16-20, 2024	13	12	17	55	2	25	73

Continuing the subsidies for individuals to get health insurance through the Affordable Care Act exchanges

Wave:	<u>Strongly support</u>	<u>Somewhat support</u>	<u>Somewhat oppose</u>	<u>Strongly oppose</u>	<u>Skipped</u>	<u>Total Strongly/Somewhat support</u>	<u>Total Somewhat/Strongly oppose</u>
February 16-20, 2024	37	37	16	8	2	74	24



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21. How familiar, if at all, are you with the following?

Changes to work requirements for people who receive SNAP benefits, also known as food stamps

Wave:	<u>Very familiar</u>	<u>Somewhat familiar</u>	<u>Heard of, but that's it</u>	<u>Not at all familiar</u>	<u>Skipped</u>	<u>Total Very/Somewhat Familiar</u>	<u>Total Heard of/Not at all Familiar</u>
February 16-20, 2024	8	21	25	46	1	28	71
August 11-14, 2023	6	22	30	40	2	28	71

FDA approval of the first over-the-counter birth control pill

Wave:	<u>Very familiar</u>	<u>Somewhat familiar</u>	<u>Heard of, but that's it</u>	<u>Not at all familiar</u>	<u>Skipped</u>	<u>Total Very/Somewhat Familiar</u>	<u>Total Heard of/Not at all Familiar</u>
February 16-20, 2024	8	23	29	39	1	31	68
August 11-14, 2023	12	25	32	30	1	37	62

The introduction of AI (artificial intelligence) systems into the U.S. health care system

Wave:	<u>Very familiar</u>	<u>Somewhat familiar</u>	<u>Heard of, but that's it</u>	<u>Not at all familiar</u>	<u>Skipped</u>	<u>Total Very/Somewhat Familiar</u>	<u>Total Heard of/Not at all Familiar</u>
February 16-20, 2024	6	23	35	35	1	29	70

The U.S. experiencing the second largest number of COVID cases since the start of the pandemic over the winter of 2023-2024

Wave:	<u>Very familiar</u>	<u>Somewhat familiar</u>	<u>Heard of, but that's it</u>	<u>Not at all familiar</u>	<u>Skipped</u>	<u>Total Very/Somewhat Familiar</u>	<u>Total Heard of/Not at all Familiar</u>
February 16-20, 2024	6	19	26	47	1	26	73



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21. How familiar, if at all, are you with the following? (Continued)

A record number of people (21 million) signing up for health insurance through the Affordable Care Act exchanges

Wave:	Very familiar	Somewhat familiar	Heard of, but that's it	Not at all familiar	Skipped	Total Very/Somewhat Familiar	Total Heard of/Not at all Familiar
February 16-20, 2024	6	18	23	52	2	24	75

The U.S. government negotiating with pharmaceutical companies to provide lower drug prices for Medicare recipients

Wave:	Very familiar	Somewhat familiar	Heard of, but that's it	Not at all familiar	Skipped	Total Very/Somewhat Familiar	Total Heard of/Not at all Familiar
February 16-20, 2024	8	25	29	36	2	33	65

The CDC planning to drop its 5-day isolation period guidance for people with COVID

Wave:	Very familiar	Somewhat familiar	Heard of, but that's it	Not at all familiar	Skipped	Total Very/Somewhat Familiar	Total Heard of/Not at all Familiar
February 16-20, 2024	11	20	22	46	1	30	69

26. As you may know, the following topics have been in the news recently. Regardless of how familiar you may be with them, how much, if at all, do you care about them?

Changes to work requirements for people who receive SNAP benefits, also known as food stamps

Wave:	I care a lot	I care a little	I don't care at all	Don't know	Skipped	Total I care a lot/I care a little
February 16-20, 2024	32	38	14	14	1	70
August 11-14, 2023	35	40	12	11	2	75



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26. As you may know, the following topics have been in the news recently. Regardless of how familiar you may be with them, how much, if at all, do you care about them? (Continued)

FDA approval of the first over-the-counter birth control pill

Wave:	<u>I care a lot</u>	<u>I care a little</u>	<u>I don't care at all</u>	<u>Don't know</u>	<u>Skipped</u>	<u>Total I care a lot/I care a little</u>
February 16-20, 2024	33	35	21	10	1	67
August 11-14, 2023	33	34	20	11	2	67

The introduction of AI (artificial intelligence) systems into the U.S. health care system

Wave:	<u>I care a lot</u>	<u>I care a little</u>	<u>I don't care at all</u>	<u>Don't know</u>	<u>Skipped</u>	<u>Total I care a lot/I care a little</u>
February 16-20, 2024	38	37	13	11	1	75

The U.S. experiencing the second largest number of COVID cases since the start of the pandemic over the winter of 2023-2024

Wave:	<u>I care a lot</u>	<u>I care a little</u>	<u>I don't care at all</u>	<u>Don't know</u>	<u>Skipped</u>	<u>Total I care a lot/I care a little</u>
February 16-20, 2024	29	37	23	9	2	66

A record number of people (21 million) signing up for health insurance through the Affordable Care Act exchanges

Wave:	<u>I care a lot</u>	<u>I care a little</u>	<u>I don't care at all</u>	<u>Don't know</u>	<u>Skipped</u>	<u>Total I care a lot/I care a little</u>
February 16-20, 2024	25	38	23	12	2	62

The U.S. government negotiating with pharmaceutical companies to provide lower drug prices for Medicare recipients

Wave:	<u>I care a lot</u>	<u>I care a little</u>	<u>I don't care at all</u>	<u>Don't know</u>	<u>Skipped</u>	<u>Total I care a lot/I care a little</u>
February 16-20, 2024	51	31	8	8	2	82

The CDC planning to drop its 5-day isolation period guidance for people with COVID

Wave:	<u>I care a lot</u>	<u>I care a little</u>	<u>I don't care at all</u>	<u>Don't know</u>	<u>Skipped</u>	<u>Total I care a lot/I care a little</u>
February 16-20, 2024	26	35	26	11	2	61



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27. How comfortable would you be, if at all, if your healthcare provider used AI (artificial intelligence) in the following ways?

Scheduling appointments

Wave:	<u>Very comfortable</u>	<u>Somewhat comfortable</u>	<u>Not very comfortable</u>	<u>Not at all comfortable</u>	<u>Skipped</u>	<u>Total Very/Somewhat Comfortable</u>	<u>Total Not very/Not at all Comfortable</u>
February 16-20, 2024	27	45	13	14	1	72	27

Delivering test results

Wave:	<u>Very comfortable</u>	<u>Somewhat comfortable</u>	<u>Not very comfortable</u>	<u>Not at all comfortable</u>	<u>Skipped</u>	<u>Total Very/Somewhat Comfortable</u>	<u>Total Not very/Not at all Comfortable</u>
February 16-20, 2024	14	39	24	22	1	53	46

Doing triage or asking basic health status questions

Wave:	<u>Very comfortable</u>	<u>Somewhat comfortable</u>	<u>Not very comfortable</u>	<u>Not at all comfortable</u>	<u>Skipped</u>	<u>Total Very/Somewhat Comfortable</u>	<u>Total Not very/Not at all Comfortable</u>
February 16-20, 2024	11	36	26	25	1	47	52

Assisting a physician in diagnosis

Wave:	<u>Very comfortable</u>	<u>Somewhat comfortable</u>	<u>Not very comfortable</u>	<u>Not at all comfortable</u>	<u>Skipped</u>	<u>Total Very/Somewhat Comfortable</u>	<u>Total Not very/Not at all Comfortable</u>
February 16-20, 2024	10	36	28	25	1	45	53

Making diagnosis on its own

Wave:	<u>Very comfortable</u>	<u>Somewhat comfortable</u>	<u>Not very comfortable</u>	<u>Not at all comfortable</u>	<u>Skipped</u>	<u>Total Very/Somewhat Comfortable</u>	<u>Total Not very/Not at all Comfortable</u>
February 16-20, 2024	3	12	31	52	1	16	83



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14. In the last three months, have you...?

Been in a traffic accident

Wave:	Yes	No	Don't Know	Skipped
February 16-20, 2024	2	96	1	1
August 11-14, 2023	3	94	1	1
May 12-15, 2023	4	93	2	1
February 17-21, 2023	4	95	1	1

Had the flu, RSV, or other respiratory illness (excluding COVID-19)

Wave:	Yes	No	Don't Know	Skipped
February 16-20, 2024	14	82	3	1
August 11-14, 2023	4	92	3	1
May 12-15, 2023	7	89	3	1
February 17-21, 2023	13	85	2	1

Had a significant medical event (requiring a trip to the emergency room or urgent care)

Wave:	Yes	No	Don't Know	Skipped
February 16-20, 2024	8	90	1	*
August 11-14, 2023	9	89	1	1
May 12-15, 2023	10	88	2	1
February 17-21, 2023	9	90	1	1

Had setbacks to your day-to-day life because of long COVID (defined as COVID symptoms that last longer than a month)

Wave:	Yes	No	Don't Know	Skipped
February 16-20, 2024	4	94	2	*
August 11-14, 2023	3	93	3	1
May 12-15, 2023	4	92	3	1
February 17-21, 2023	4	93	2	1

Tested positive for the coronavirus (COVID-19)

Wave:	Yes	No	Don't Know	Skipped
February 16-20, 2024	6	92	2	*
August 11-14, 2023	4	94	1	1
May 12-15, 2023	5	92	3	1
February 17-21, 2023	8	91	1	1



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14. In the last three months, have you...? (Continued)

Received a COVID-19 vaccine or booster

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 16-20, 2024	14	84	1	1
August 11-14, 2023	8	89	1	2
May 12-15, 2023	10	87	2	1

Received mental health assistance (i.e. spoken to a therapist, groups counseling, etc.)

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 16-20, 2024	12	86	1	1

Tried to find mental health assistance, but were unable to

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 16-20, 2024	4	94	2	1

16. In the last three months, have you or anyone in your immediate circle...?

Used cannabis or marijuana

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 16-20, 2024	19	78	3	1
August 11-14, 2023	20	77	3	1
May 12-15, 2023	19	76	4	1
February 17-21, 2023	20	78	2	1

Used hallucinogenic drugs

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 16-20, 2024	2	95	2	1
August 11-14, 2023	2	95	2	1
May 12-15, 2023	1	93	4	1
February 17-21, 2023	2	94	2	1

Used prescription pain medications for which they had a prescription

Wave:	<u>Yes</u>	<u>No</u>	<u>Don't Know</u>	<u>Skipped</u>
February 16-20, 2024	25	72	3	*
August 11-14, 2023	26	71	2	1
May 12-15, 2023	24	71	4	1
February 17-21, 2023	27	69	2	1



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16. In the last three months, have you or anyone in your immediate circle...? (Continued)

Used prescription pain medications that they did NOT have a prescription for

Wave:	Yes	No	Don't Know	Skipped
February 16-20, 2024	3	93	3	1
August 11-14, 2023	3	93	2	1
May 12-15, 2023	3	91	5	1
February 17-21, 2023	4	93	2	1

Used prescription drugs for weight loss (e.g., Ozempic, Wegovy, semaglutide, Alli)

Wave:	Yes	No	Don't Know	Skipped
February 16-20, 2024	7	90	2	*
August 11-14, 2023	5	91	3	1
May 12-15, 2023	5	91	4	1
February 17-21, 2023	4	94	2	1

Used other illegal drugs

Wave:	Yes	No	Don't Know	Skipped
February 16-20, 2024	2	94	3	1
August 11-14, 2023	2	94	3	1
May 12-15, 2023	2	93	5	1
February 17-21, 2023	2	95	2	1

Taken prescription medications for depression or anxiety

Wave:	Yes	No	Don't Know	Skipped
February 16-20, 2024	23	74	3	1

28. How difficult would it be, if at all, for you or someone in your immediate circle to access legal abortion services if you or they needed it?

Wave:	Very difficult	Somewhat difficult	Not too difficult	Not at all difficult	Don't know	Skipped	Very/Somewhat difficult	Total Not too/not at all difficult
February 16-20, 2024	10	10	17	16	46	1	20	33





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19. Which of these is your main source of news?

Wave:	<u>ABC</u> <u>/</u> <u>CBS</u> <u>/</u> <u>NBC</u> <u>News</u>	<u>CNN</u>	<u>Conservative</u> <u>online</u> <u>news</u>	<u>Digital</u> <u>or</u> <u>online</u> <u>news</u>	<u>FOX</u> <u>News</u>	<u>MS</u> <u>NBC</u>	<u>New</u> <u>York</u> <u>Times/</u> <u>Washing</u> <u>ton</u> <u>Post</u>	<u>Public</u> <u>television</u> <u>or</u> <u>radio</u>	<u>Social</u> <u>media</u>	<u>Your</u> <u>local</u> <u>newspaper</u>	<u>Telemundo</u> <u>or</u> <u>Univision</u>	<u>Other</u>	<u>None</u> <u>of</u> <u>these</u>	<u>Skipped</u>
February 16-20, 2024	21	5	1	17	8	3	4	8	11	2	3	6	12	1
August 11-14, 2023	21	4	1	16	8	3	2	8	13	3	2	6	10	1
May 12-15, 2023	20	4	1	16	7	4	3	8	11	3	2	7	14	1
February 17-21, 2023	22	3	1	16	10	3	3	6	13	2	2	7	11	1

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About the Study

This Axios-Ipsos American Health Index survey was conducted February 16 to February 20, 2024 by Ipsos using our KnowledgePanel®. This poll is based on a nationally representative probability sample of 1,247 adults ages 18+.

One respondent was removed from the final data for refusing all of the survey items.

The survey was conducted using KnowledgePanel, the largest and most well-established online probability-based panel that is representative of the adult US population. Our recruitment process employs a scientifically developed addressed-based sampling methodology using the latest Delivery Sequence File of the USPS – a database with full coverage of all delivery points in the US. Households invited to join the panel are randomly selected from all available households in the U.S. Persons in the sampled households are invited to join and participate in the panel. Those selected who do not already have internet access are provided a tablet and internet connection at no cost to the panel member. Those who join the panel and who are selected to participate in a survey are sent a unique password-protected log-in used to complete surveys online. As a result of our recruitment and sampling methodologies, samples from KnowledgePanel cover all households regardless of their phone or internet status and findings can be reported with a margin of sampling error and projected to the general population. KnowledgePanel members receive a per survey incentive, usually the equivalent of \$1 (though for some it is \$2) in points, that can be redeemed for cash or prizes. No prenotification email for this study was sent prior to field. Panelists receive a unique login to the survey and are only able to complete it one time. One reminder email was sent for this study.

The margin of sampling error is plus or minus 2.9 percentage points at the 95% confidence level, for results based on the entire sample of adults. The margin of sampling error takes into account the design effect, which was 1.07. The margin of sampling error is higher and varies for results based on sub-samples. Sampling error is only one potential source of error. There may be other unmeasured non-sampling error in this or any poll. In our reporting of the findings, percentage points are rounded off to the nearest whole number. As a result, percentages in a given table column may total slightly higher or lower than 100%. In questions that permit multiple responses, columns may total substantially more than 100%, depending on the number of different responses offered by each respondent.

The study was conducted in both English and Spanish. The data were weighted to adjust for gender by age, race/ethnicity, education, Census region, metropolitan status and household income. The demographic benchmarks came from 2023 Current Population Survey (CPS) from the US Census Bureau. The weighting categories were as follows:

- Gender (Male, Female) by Age (18–29, 30–44, 45–59, and 60+)
- Race/Hispanic Ethnicity (White Non-Hispanic, Black Non-Hispanic, Other or 2+ Races Non-Hispanic, Hispanic)
- Education (High School graduate or less, Some College, Bachelor, Masters and beyond)
- Census Region (Northeast, Midwest, South, West)
- Metropolitan status (Metro, non-Metro)



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- Household Income (Under \$25,000, \$25,000-\$49,999, \$50,000-\$74,999, \$75,000-\$99,999, \$100,000-\$149,999, \$150,000+)

This topline includes trended data, where applicable. The field dates and sample sizes for previous Axios/Ipsos American Health Index surveys are as follows:

Wave:	Interview dates:	Interviews:
Wave 4	<i>February 16-20, 2024</i>	1,247
Wave 3	<i>August 11-14, 2023</i>	1,162
Wave 2	<i>May 12-15, 2023</i>	1,095
Wave 1	<i>February 17-21, 2023</i>	1,213

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About Ipsos

Ipsos is one of the largest market research and polling companies globally, operating in 90 markets and employing over 18,000 people.

Our passionately curious research professionals, analysts and scientists have built unique multi-specialist capabilities that provide true understanding and powerful insights into the actions, opinions and motivations of citizens, consumers, patients, customers or employees. Our 75 solutions are based on primary data from our surveys, social media monitoring, and qualitative or observational techniques.

Our tagline "Game Changers" sums up our ambition to help our 5,000 customers move confidently through a rapidly changing world.

Founded in France in 1975, Ipsos has been listed on the Euronext Paris since July 1, 1999. The company is part of the SBF 120 and Mid-60 indices and is eligible for the Deferred Settlement Service (SRD). ISIN code FR0000073298, Reuters ISOS.PA, Bloomberg IPS:FP www.ipsos.com