

## Axios-Ipsos American Health Index - Wave 7

Conducted by Ipsos using KnowledgePanel®

A survey of the American general population (ages 18+)

Wave: Wave 7 Interview dates: December 6-9, 2024 Interviews:

1,002

Margin of error for the total Wave 7 sample: +/-3.3 percentage points at the 95% confidence level NOTE: All results show percentages among all respondents, unless otherwise labeled. Reduced bases are unweighted values.

NOTE: \* = less than 0.5%, - = no respondents

#### **Annotated Questionnaire:**

1. How would you describe the condition of the following right now?

#### Your diet

						<u>Total</u>	<u>Total</u>
	<u>Very</u>	Somewhat	Somewhat	<u>Very</u>		Very/somewhat	Very/somewhat
Wave:	good	good	<u>poor</u>	<u>poor</u>	Skipped	<u>good</u>	<u>poor</u>
December 6-9, 2024	22	53	21	4	1	74	25
August 16-19, 2024	24	51	22	3	1	74	25
May 31-June 3, 2024	18	55	21	4	1	74	26
February 16-20, 2024	20	56	21	3	*	76	24
August 11-14, 2023	20	56	19	4	1	76	23
May 12-15, 2023	20	54	21	4	1	74	25
February 17-2, 2023	21	56	18	5	1	77	22

#### Your emotional well-being

	. 9						
						<u>Total</u>	<u>Total</u>
	Very	Somewhat	Somewhat	Very		Very/somewhat	Very/somewhat
Wave:	good	good	poor	poor	Skipped	<u>good</u>	<u>poor</u>
December 6-9, 2024	41	44	11	4	1	84	15
August 16-19, 2024	41	44	12	3	*	85	15
May 31-June 3, 2024	38	47	12	2	1	84	15
February 16-20, 2024	40	46	12	2	*	86	14
August 11-14, 2023	40	46	12	2	1	86	14
May 12-15, 2023	41	43	13	2	1	84	16
February 17-2, 2023	43	43	11	3	1	86	13





1. How would you describe the condition of the following right now? (Continued)

#### Your home and home-life

						<u>Total</u>	<u>Total</u>
	<u>Very</u>	Somewhat	Somewhat	<u>Very</u>		Very/somewhat	Very/somewhat
Wave:	good	good	<u>poor</u>	<u>poor</u>	<u>Skipped</u>	<u>good</u>	<u>poor</u>
December 6-9, 2024	51	39	7	2	1	91	9
August 16-19, 2024	49	41	8	1	*	90	9
May 31-June 3, 2024	49	43	6	1	1	92	8
February 16-20, 2024	49	43	7	1	1	92	8
August 11-14, 2023	49	42	7	1	1	91	8
May 12-15, 2023	50	40	8	1	1	90	9
February 17-21, 2023	53	38	6	2	1	92	8

#### Your mental health

						<u>Total</u>	<u>Total</u>
	<u>Very</u>	Somewhat	Somewhat	<u>Very</u>		Very/somewhat	Very/somewhat
Wave:	good	good	<u>poor</u>	<u>poor</u>	<u>Skipped</u>	<u>good</u>	<u>poor</u>
December 6-9, 2024	43	42	11	3	*	85	15
August 16-19, 2024	45	41	10	4	1	85	14
May 31-June 3, 2024	43	41	12	3	1	84	15
February 16-20, 2024	43	43	11	2	*	86	13
August 11-14, 2023	43	44	11	2	1	86	13
May 12-15, 2023	44	40	12	3	1	84	15
February 17-21, 2023	46	40	11	2	1	86	13

## Your personal finances

						<u>Total</u>	<u>Total</u>
	Very	<b>Somewhat</b>	Somewhat	<u>Very</u>		Very/somewhat	Very/somewhat
Wave:	good	good	<u>poor</u>	poor	Skipped	good	<u>poor</u>
December 6-9, 2024	29	45	19	7	1	74	26
August 16-19, 2024	27	48	17	8	1	75	24
May 31-June 3, 2024	27	45	19	7	1	73	26
February 16-20, 2024	29	45	20	6	*	74	26
August 11-14, 2023	27	46	19	7	1	73	26
May 12-15, 2023	28	46	17	8	1	74	25
February 17-21, 2023	29	49	15	5	1	78	21





1. How would you describe the condition of the following right now? (Continued)

## Your physical health

						<u>Total</u>	<u>Total</u>
	<u>Very</u>	Somewhat	Somewhat	<u>Very</u>		Very/Somewhat	Somewhat/
Wave:	good	good	<u>poor</u>	poor	Skipped	<u>good</u>	Very poor
December 6-9, 2024	27	53	16	3	*	80	20
August 16-19, 2024	28	53	16	3	*	81	19
May 31-June 3, 2024	24	59	14	2	1	82	17
February 16-20, 2024	27	56	15	2	*	83	17
August 11-14, 2023	27	55	15	2	1	82	17
May 12-15, 2023	27	55	14	3	1	82	17
February 17-21, 2023	27	56	13	3	1	83	16

2.





3. How much of a risk to your health and well-being, if any, do you think the following activities are right now?

#### Climate Change

Wave:	Large risk	Moderate risk	Small risk	No risk	Skipped
December 6-9, 2024	16	26	30	27	*
August 16-19, 2024	14	24	30	31	1
May 31-June 3, 2024	14	26	30	29	1

#### Food poisoning outbreaks

Wave:	Large risk	Moderate risk	Small risk	No risk	Skipped
December 6-9, 2024	7	19	52	22	1
August 16-19, 2024	8	16	47	29	1

#### Chemicals or unsafe additives in foods

Wave:	Large risk	Moderate risk	Small risk	No risk	<u>Skipped</u>
December 6-9, 2024	19	30	36	15	1

#### Flu, RSV, COVID, or other respiratory disease outbreaks

Wave:	Large risk	Moderate risk	Small risk	No risk	Skipped
December 6-9, 2024	11	32	41	16	*

#### Measles, Hepatitis, Tuberculosis or other communicable disease outbreaks

Wave:	Large risk	Moderate risk	Small risk	No risk	Skipped
December 6-9, 2024	5	13	45	36	*





## 5. In the past week, how often, if at all, did you do the following?

#### Exercise

				Once			<u>Total</u>	Total Once
	Every			<u>or</u>			Every/Most	or less
Wave:	<u>day</u>	Most days	A few days	<u>less</u>	Never	<u>Skipped</u>	<u>days</u>	/Never
December 6-9, 2024	12	23	29	21	15	1	34	36
August 16-19, 2024	15	23	26	19	16	*	38	36
May 31-June 3, 2024	14	20	29	19	16	1	35	35
February 16-20, 2024	13	21	28	22	16	*	34	38
August 11-14, 2023	15	20	26	22	16	1	35	38
May 12-15, 2023	15	19	29	19	17	1	34	36
February 17-21, 2023	15	19	28	20	17	*	34	38

#### Get at least 7 hours of sleep

				Once			<u>Total</u>	Total Once
	<u>Every</u>			<u>or</u>			Every/Most	or less
Wave:	<u>day</u>	Most days	A few days	<u>less</u>	Never	Skipped	<u>days</u>	/Never
December 6-9, 2024	24	35	28	7	6	*	59	13
August 16-19, 2024	22	41	23	8	5	*	63	13
May 31-June 3, 2024	21	38	27	8	5	1	59	13
February 16-20, 2024	21	40	27	8	3	*	62	12
August 11-14, 2023	19	39	29	9	3	1	58	13
May 12-15, 2023	20	38	28	9	4	1	58	13
February 17-21, 2023	22	38	26	10	4	*	60	14

## Take vitamins or nutritional supplements

				Once			<u>Total</u>	Total Once
	<u>Every</u>			<u>or</u>			Every/Most	or less
Wave:	<u>day</u>	Most days	A few days	<u>less</u>	Never	Skipped	<u>days</u>	/Never
December 6-9, 2024	42	15	11	9	23	1	56	32
August 16-19, 2024	42	11	11	8	26	1	54	34
May 31-June 3, 2024	39	12	11	9	29	1	51	37
February 16-20, 2024	41	15	11	7	25	*	56	32
August 11-14, 2023	39	13	12	8	28	1	52	35
May 12-15, 2023	42	13	9	9	27	*	55	36
February 17-21, 2023	42	15	9	9	25	*	57	34





5. In the past week, how often, if at all, did you do the following? (Continued)

#### Eat fast food or highly-processed foods

				Once			<u>Total</u>	Total Once
	<u>Every</u>			<u>or</u>			Every/Most	or less
Wave:	day	Most days	A few days	<u>less</u>	Never	Skipped	<u>days</u>	/Never
December 6-9, 2024	2	9	32	44	11	1	11	56

#### Eat organic fruits and/or vegetables

				Once			<u>Total</u>	Total Once
	Every			<u>or</u>			Every/Most	or less
Wave:	day	Most days	A few days	<u>less</u>	<u>Never</u>	Skipped	<u>days</u>	/Never
December 6-9, 2024	7	14	29	22	28	1	20	50

## 6. Of the following, what do you think is the #1 threat to American public health at this moment?

	December	August 16-	May 31-	February	August	May	February
	6-9, 2024	19, 2024	June 3,	16-20,	11-14,	12-15,	17-21,
Wave:			2024	2024	2023	2023	2023
Obesity	20	19	18	19	23	20	21
Mental health issues	18	15	16	17	NA	NA	NA
Opioids and fentanyl	12	20	24	24	26	25	26
Chemicals or unsafe additives in foods	12	NA	NA	NA	NA	NA	NA
Access to guns or firearms	11	11	10	15	20	26	17
Cancer	10	11	9	8	11	8	12
Flu, RSV, COVID, or other respiratory disease outbreaks	7	NA	NA	NA	NA	NA	NA
Climate change	5	6	5	NA	NA	NA	NA
Measles, Hepatitis, Tuberculosis or other communicable disease outbreaks	1	NA	NA	NA	NA	NA	NA
Something else	5	7	6	6	7	8	7
Skipped	1	2	2	1	2	1	1





47. Are you generally happy or unhappy with the following?

Your ability to get good quality healthcare when you need it

	<u>Very</u>	Mosty	Mostly	<u>Very</u>		<u>Total</u>	<u>Total</u>
Wave:	<u>happy</u>	<u>happy</u>	unhappy	unhappy	Skipped	<u>happy</u>	<u>unhappy</u>
December 6-9, 2024	26	52	15	7	1	78	21

Your costs out of pocket for healthcare and prescription drugs

	<u>Very</u>	<u>Mosty</u>	Mostly	Very		<u>Total</u>	<u>Total</u>
Wave:	<u>happy</u>	<u>happy</u>	unhappy	unhappy	Skipped	<u>happy</u>	<u>unhappy</u>
December 6-9, 2024	16	43	25	14	1	59	40

Your ability to get high quality and healthy food

	<u>Very</u>	<u>Mosty</u>	Mostly	<u>Very</u>		<u>Total</u>	<u>Total</u>
Wave:	<u>happy</u>	<u>happy</u>	unhappy	unhappy	<u>Skipped</u>	<u>happy</u>	<u>unhappy</u>
December 6-9, 2024	23	52	18	6	*	76	24

8. How much do you agree or disagree with the following statements?

American government makes the health and well-being of citizens a priority

						<u>Total</u>	<u>Total</u>
						<u>Strongly</u>	Somewhat
						agree /	disagree /
	Strongly	Somewhat	<b>Somewhat</b>	<u>Strongly</u>		Somewhat	<u>Strongly</u>
Wave:	<u>agree</u>	<u>agree</u>	<u>disagree</u>	<u>disagree</u>	Skipped	<u>agree</u>	<u>disagree</u>
December 6-9, 2024	7	25	39	27	2	33	66
August 16-19, 2024	8	27	35	28	2	35	63
May 31-June 3, 2024	5	29	35	29	2	34	64
February 16-20, 2024	5	24	39	31	1	29	70
August 11-14, 2023	6	30	35	27	2	36	62
May 12-15, 2023	6	24	38	31	1	30	69
February 17-21, 2023	4	21	42	32	1	25	74



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8. How much do you agree or disagree with the following statements? (Continued)

America is adequately prepared to deal with another pandemic or widespread health crisis

						<u>Total</u>	<u>Total</u>
						<u>Strongly</u>	Somewhat
						agree /	disagree /
	<u>Strongly</u>	Somewhat	Somewhat	<u>Strongly</u>		Somewhat	<u>Strongly</u>
Wave:	<u>agree</u>	<u>agree</u>	<u>disagree</u>	<u>disagree</u>	<u>Skipped</u>	<u>agree</u>	<u>disagree</u>
December 6-9, 2024	3	31	39	26	2	34	65
August 16-19, 2024	6	28	37	26	2	35	63
May 31-June 3, 2024	5	27	40	25	2	33	66
February 16-20, 2024	5	27	39	27	1	32	67
August 11-14, 2023	4	31	37	26	2	35	63
May 12-15, 2023	6	26	39	29	1	32	67
February 17-21, 2023	4	24	38	33	1	28	71

The government should be doing more to reduce the number of drug overdose deaths

						<u>Total</u>	<u>Total</u>
						<u>Strongly</u>	Somewhat
						agree /	disagree /
	<u>Strongly</u>	Somewhat	<b>Somewhat</b>	<u>Strongly</u>		Somewhat	<u>Strongly</u>
Wave:	<u>agree</u>	<u>agree</u>	<u>disagree</u>	<u>disagree</u>	<u>Skipped</u>	<u>agree</u>	<u>disagree</u>
December 6-9, 2024	33	46	15	4	2	80	19
August 16-19, 2024	27	48	16	7	2	75	23
May 31-June 3, 2024	35	45	13	4	2	81	18
February 16-20, 2024	36	43	14	5	1	80	19
August 11-14, 2023	35	45	14	5	2	79	18
May 12-15, 2023	37	42	14	5	1	80	19

Parents should follow the CDC's recommended child immunization schedules for getting their kids vaccinated

						<u>Total</u>	<u>Total</u>
						<u>Strongly</u>	Somewhat
						agree /	disagree /
	<u>Strongly</u>	Somewhat	Somewhat	<u>Strongly</u>		Somewhat	<u>Strongly</u>
Wave:	<u>agree</u>	<u>agree</u>	<u>disagree</u>	<u>disagree</u>	Skipped	<u>agree</u>	<u>disagree</u>
December 6-9, 2024	50	31	12	6	2	81	17
August 16-19, 2024	49	29	13	8	2	78	20
May 31-June 3, 2024	51	31	9	7	2	82	17





10. How much trust do you have, if any, in information about health topics from the following? The Centers for Disease Control, or CDC

						Total A	Total Not
						great	<u>very</u>
	A great	A fair	Not very			deal/A fair	much/None
Wave:	<u>deal</u>	<u>amount</u>	<u>much</u>	None at all	Skipped	<u>amount</u>	at all
December 6-9, 2024	21	45	20	12	1	66	33
August 16-19, 2024	22	42	21	14	2	63	35
May 31-June 3, 2024	21	43	21	13	2	64	34
February 16-20, 2024	20	44	22	13	1	64	35
August 11-14, 2023	21	44	22	12	2	64	34
May 12-15, 2023	19	42	24	13	1	61	37
February 17-21, 2023	20	42	24	14	1	62	38

#### The National Institute of Health, or NIH

Wave:	A great deal	A fair amount	Not very much	None at all	Skipped	Total A great deal/A fair amount	Total Not very much/None at all
December 6-9, 2024	17	45	24	13	1	62	36
August 16-19, 2024	18	44	22	14	2	62	36
May 31-June 3, 2024	18	43	25	12	2	61	37
February 16-20, 2024	18	43	23	14	1	61	38
August 11-14, 2023	17	45	23	12	2	62	36
May 12-15, 2023	16	44	24	14	2	60	38
February 17-21, 2023	16	45	24	14	1	61	38

## Members of your family or close friends

						Total A	Total Not
						great	<u>very</u>
	A great	A fair	Not very			deal/A fair	much/None
Wave:	<u>deal</u>	<u>amount</u>	<u>much</u>	None at all	<u>Skipped</u>	<u>amount</u>	at all
December 6-9, 2024	22	54	19	3	1	76	23
August 16-19, 2024	22	52	20	3	2	74	24
May 31-June 3, 2024	25	52	18	3	2	77	21
February 16-20, 2024	23	53	20	3	1	76	23
August 11-14, 2023	23	52	20	3	2	75	23
May 12-15, 2023	22	53	20	4	1	75	24
February 17-21, 2023	20	54	22	2	1	74	25





10. How much trust do you have, if any, in information about health topics from the following? *(Continued)* 

#### Your personal doctor

						Total A	Total Not
						great	<u>very</u>
	A great	A fair	Not very			deal/A fair	much/None
Wave:	<u>deal</u>	<u>amount</u>	<u>much</u>	None at all	Skipped	<u>amount</u>	<u>at all</u>
December 6-9, 2024	40	49	7	3	1	89	10
August 16-19, 2024	37	49	9	3	2	86	12
May 31-June 3, 2024	38	48	9	2	2	86	11
February 16-20, 2024	40	48	8	3	1	88	11
August 11-14, 2023	36	53	6	3	2	89	9
May 12-15, 2023	40	48	8	2	1	88	11
February 17-21, 2023	38	49	9	3	1	87	12

## The Food and Drug Administration, or FDA

						Total A	Total Not
						great	<u>very</u>
	A great	A fair	Not very			deal/A fair	much/None
Wave:	<u>deal</u>	amount	<u>much</u>	None at all	<u>Skipped</u>	<u>amount</u>	at all
December 6-9, 2024	14	45	28	11	1	60	39
August 16-19, 2024	15	46	26	11	2	61	37
May 31-June 3, 2024	14	48	25	11	2	62	36
February 16-20, 2024	15	45	27	12	1	61	38
August 11-14, 2023	15	47	26	11	2	62	36
May 12-15, 2023	15	44	28	12	1	59	40

#### Your state's governor

						Total A	Total Not
						great	<u>very</u>
	A great	A fair	Not very			deal/A fair	much/None
Wave:	<u>deal</u>	<u>amount</u>	<u>much</u>	None at all	<u>Skipped</u>	<u>amount</u>	<u>at all</u>
December 6-9, 2024	10	35	31	22	1	45	54
August 16-19, 2024	7	32	35	24	2	39	59
May 31-June 3, 2024	6	33	35	24	3	39	58
February 16-20, 2024	8	32	35	23	1	40	59
August 11-14, 2023	7	36	33	23	1	42	56
May 12-15, 2023	7	34	33	25	1	41	58
February 17-21, 2023	5	35	35	24	1	41	58





48. How much trust do you have, if any, in information about health topics from the following?

## **Donald Trump**

						Total A	Total Not
						great	<u>very</u>
	A great	A fair	Not very			deal/A fair	much/None
Wave:	deal	<u>amount</u>	much	None at all	Skipped	amount	at all
December 6-9, 2024	13	20	16	50	2	32	66

#### Elon Musk

						Total A	Total Not
						great	<u>very</u>
	A great	A fair	Not very			deal/A fair	much/None
Wave:	deal	<u>amount</u>	<u>much</u>	None at all	Skipped	<u>amount</u>	at all
December 6-9, 2024	6	18	20	53	2	25	73

#### Robert F. Kennedy Jr.

Wave: December 6-9, 2024	<u>deal</u>	amount 24	<u>much</u> 22	None at all 46	Skipped	amount 30	<u>at all</u> <b>67</b>
	A great	A fair	Not very				much/None
						great	very
						Total A	Total Not

## Marty Makary

						Total A	Total Not
						great	very
	A great	A fair	Not very			deal/A fair	much/None
Wave:	deal	amount	much	None at all	Skipped	amount	at all
December 6-9, 2024	3	12	26	52	8	14	78

### Mehmet Oz

						Total A	Total Not
						great	<u>very</u>
	A great	A fair	Not very			deal/A fair	much/None
Wave:	deal	<u>amount</u>	<u>much</u>	None at all	Skipped	<u>amount</u>	at all
December 6-9, 2024	4	18	27	46	4	23	73





48. How much trust do you have, if any, in information about health topics from the following? *(Continued)* 

#### Jay Bhattacharya

						Total A	Total Not
						great	very
	A great	A fair	Not very			deal/A fair	much/None
Wave:	<u>deal</u>	<u>amount</u>	<u>much</u>	None at all	Skipped	<u>amount</u>	at all
December 6-9, 2024	3	12	25	53	7	15	78

## Anthony Fauci

						Total A	Total Not
						great	<u>very</u>
	A great	A fair	Not very			deal/A fair	much/None
Wave:	deal	amount	much	None at all	Skipped	amount	at all
December 6-9, 2024	22	23	17	36	2	45	53

49. Which of the following is closest to your opinion?

		The U.S.		
	People are	government		
	<u>responsible</u>	is responsible		
	for securing	for ensuring		
	their own	all Americans		
	access to	have access	Don't	
Wave:	<u>healthcare</u>	to health care	<u>know</u>	<u>Skipped</u>
December 6-9, 2024	27	54	18	1

50. Which of the following is closest to your opinion?

	People are	The U.S.		
	responsible	government		
	for ensuring	is responsible		
	<u>the</u>	for ensuring		
	<u>healthcare</u>	<u>healthcare</u>		
	<u>and</u>	<u>and</u>		
	<u>medicine</u>	<u>medicines</u>		
	<u>they</u>	available for		
	consume is	sale in the		
	safe and	U.S. are safe	<u>Don't</u>	
Wave:	<u>effective</u>	and effective	<u>know</u>	<u>Skipped</u>
December 6-9, 2024	13	77	9	1





51. Which of the following is closest to your opinion?

Wave:	People are responsible for making sure their own food is safe	The U.S. government is responsible for ensuring that food sold in the U.S. is safe	<u>Don't</u> <u>know</u>	Skipped
December 6-9, 2024	12	79	8	1

52. Do you think the following health-related functions of the U.S. government should be strengthened, left as they are, weakened, or eliminated by the Trump Administration?

#### Medicare

Wave:	Strengthened	Left as it is	Weakened	Eliminated	Skipped
December 6-9, 2024	64	25	5	3	3

#### Medicaid

Wave:	Strengthened	Left as it is	Weakened	Eliminated	Skipped
December 6-9, 2024	54	30	9	3	3

#### The Veteran's Health Administration

Wave:	Strengthened	Left as it is	Weakened	Eliminated	Skipped
December 6-9, 2024	71	20	4	2	3

#### The Centers for Disease Control and Prevention

Wave:	Strengthened	Left as it is	Weakened	Eliminated	Skipped
December 6-9, 2024	57	26	10	5	2

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52. Do you think the following health-related functions of the U.S. government should be strengthened, left as they are, weakened, or eliminated by the Trump Administration? *(Continued)* 

#### Food safety inspections

Wave:	Strengthened	Left as it is	Weakened	Eliminated	Skipped
December 6-9, 2024	72	20	4	1	3

#### The Affordable Care Act

Wave:	Strengthened	Left as it is	Weakened	Eliminated	Skipped
December 6-9, 2024	51	22	9	15	2

53. Do you support or oppose the following proposals?

#### Removing fluoride from all public water supplies

							<u>Total</u>	<u>Total</u>
							Strongly/	Somewhat/
	Strongly	Somewhat	Somewhat	Strongly	<u>Don't</u>		Somewhat	Strongly
Wave:	support	support	<u>oppose</u>	oppose	<u>know</u>	<u>Skipped</u>	<u>support</u>	<u>oppose</u>
December 6-9, 2024	13	16	19	29	22	1	29	48

#### Ending vaccination requirements for children to attend public schools

Wave: December 6-9, 2024	support 7	support	oppose 16	oppose 57	know •	Skipped 2	support 18	oppose 72
	Strongly	Somewhat	Somewhat	Strongly	Don't		Somewhat	
							<u>Total</u> Strongly/	Total Somewhat/

#### Barring pharmaceutical companies from advertising on TV

							Total	Total
							Strongly/	Somewhat/
	Strongly	Somewhat	Somewhat	Strongly	Don't		Somewhat	Strongly
Wave:	support	support	<u>oppose</u>	oppose	<u>know</u>	<u>Skipped</u>	<u>support</u>	<u>oppose</u>
December 6-9, 2024	32	27	17	8	15	2	59	25





53. Do you support or oppose the following proposals? (Continued)

Firing most of the research and scientific staff at the Food and Drug Administration and National Institutes of Health

							<u>Total</u>	<u>Total</u>
							Strongly/	Somewhat/
	Strongly	Somewhat	Somewhat	Strongly	Don't		Somewhat	Strongly
Wave:	support	support	<u>oppose</u>	oppose	know	Skipped	support	oppose
December 6-9, 2024	9	14	18	38	18	2	24	56

Reducing requirements for testing before allowing new drugs or therapies to be sold to the American public

							<u>Total</u>	<u>Total</u>
							Strongly/	Somewhat/
	Strongly	Somewhat	Somewhat	Strongly	<u>Don't</u>		Somewhat	Strongly
Wave:	support	support	<u>oppose</u>	oppose	<u>know</u>	Skipped	support	<u>oppose</u>
December 6-9, 2024	5	14	20	50	9	2	19	70

11. How much do you support or oppose the following?

Health insurance providers covering mental health care just as much as physical health care

						<u>Total</u>	<u>Total</u>
						Strongly/	Somewhat/
	Strongly	Somewhat	Somewhat	<u>Strongly</u>		Somewhat	<u>Strongly</u>
Wave:	support	support	<u>oppose</u>	oppose	Skipped	support	<u>oppose</u>
December 6-9, 2024	60	29	7	2	2	89	9
August 16-19, 2024	60	28	7	3	2	88	10
May 31-June 3, 2024	63	26	6	3	2	89	9
February 16-20, 2024	64	27	6	2	2	91	7
August 11-14, 2023	60	29	7	2	2	89	9

Making abortion illegal in all cases in your state

						<u>Total</u>	<u>Total</u>
						Strongly/	Somewhat
	Strongly	Somewhat	Somewhat	<b>Strongly</b>		Somewhat	/Strongly
Wave:	<u>support</u>	support	oppose	<u>oppose</u>	<u>Skipped</u>	support	<u>oppose</u>
December 6-9, 2024	10	13	16	58	2	23	74
August 16-19, 2024	11	14	18	56	2	25	73
May 31-June 3, 2024	11	13	19	54	3	23	74
February 16-20, 2024	13	12	17	55	2	25	73





11. How much do you support or oppose the following? (Continued)

Making it illegal to possess abortion pills without a doctor's prescription

						<u>Total</u>	<u>Total</u>
						Strongly/	Somewhat/
	Strongly	Somewhat	Somewhat	<b>Strongly</b>		Somewhat	<u>Strongly</u>
Wave:	support	support	<u>oppose</u>	oppose	Skipped	support	<u>oppose</u>
December 6-9, 2024	22	18	21	37	3	40	58
August 16-19, 2024	22	21	19	35	3	44	54
May 31-June 3, 2024	21	15	19	41	4	36	60

Health insurance providers covering the cost of prescription drugs for weight loss (e.g., Ozempic, Wegovy, semaglutide, Alli) for anyone who wants to obtain a prescription

						<u>Total</u>	<u>Total</u>
						Strongly/	Somewhat/
	Strongly	Somewhat	Somewhat	Strongly		Somewhat	Strongly
Wave:	support	support	<u>oppose</u>	oppose	Skipped	support	oppose
December 6-9, 2024	26	37	24	10	2	64	34
August 16-19, 2024	21	40	25	12	2	61	37

54. How familiar are you with Donald Trump and Robert F Kennedy Jr's plans for the American healthcare system once they take office?

	Very	Somewhat	Not too	Not at all		Total	Total not
Wave:	familiar	familiar	familiar	familiar	Skipped	familiar	familiar
December 6-9, 2024	10	36	31	22	1	46	53

55. Do you think Donald Trump and Robert F. Kennedy Jr will make America healthier or less healthy, or will they not really have any impact?

Wave: December 6-9, 2024	America will be healthier 28	be less healthy 43	real impact	Skipped
		America will	They will have no	



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56. Here are two priorities voiced by different members of the Trump administration, which is closest to your priority?

Wave:	Increasing food safety inspections and restrictions on food additives	Cutting federal government spending by \$2 trillion dollars	Skipped
December 6-9, 2024	60	37	3

57. Will you be spending time with friends and/or family during the holiday season?

Wave:	<u>Yes</u>	<u>No</u>	Skipped
December 6-9, 2024	87	13	1

58. Does spending time with friends and/or family during the holiday season generally make you feel more stressed or less stressed?

	More	Less	It makes no	
Wave:	stressed	stressed	difference	Skipped
December 6-9, 2024	18	32	49	1

59. Last year if you saw friends and/or family for the holidays, did you end up catching a cold, flu, or other respiratory disease after the gathering?

Wave:	<u>Yes</u>	<u>No</u>	Did not see family or friends last year during the holidays	Skipped
December 6-9, 2024	11	81	7	1



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## 14. In the last three months, have you...?

#### Been in a traffic accident

			Don't	
Wave:	<u>Yes</u>	<u>No</u>	Know	<u>Skipped</u>
December 6-9, 2024	3	94	2	1
August 16-19, 2024	4	92	2	1
May 31-June 3, 2024	4	94	1	1
February 16-20, 2024	2	96	1	1
August 11-14, 2023	3	94	1	1
May 12-15, 2023	4	93	2	1
February 17-21, 2023	4	95	1	1

#### Had the flu, RSV, or other respiratory illness (excluding COVID-19)

			<u>Don't</u>	
Wave:	<u>Yes</u>	<u>No</u>	Know	Skipped
December 6-9, 2024	13	84	3	1
August 16-19, 2024	6	89	3	2
May 31-June 3, 2024	8	89	2	2
February 16-20, 2024	14	82	3	1
August 11-14, 2023	4	92	3	1
May 12-15, 2023	7	89	3	1
February 17-21, 2023	13	85	2	1

#### Had a significant medical event (requiring a trip to the emergency room or urgent care)

			<u>Don't</u>	
Wave:	<u>Yes</u>	<u>No</u>	Know	<u>Skipped</u>
December 6-9, 2024	11	86	2	1
August 16-19, 2024	10	85	3	1
May 31-June 3, 2024	8	89	2	1
February 16-20, 2024	8	90	1	*
August 11-14, 2023	9	89	1	1
May 12-15, 2023	10	88	2	1
February 17-21, 2023	9	90	1	1





14. In the last three months, have you...? (Continued)

Tested positive for the coronavirus (COVID-19)

			<u>Don't</u>	
Wave:	<u>Yes</u>	<u>No</u>	Know	Skipped
December 6-9, 2024	4	93	2	1
August 16-19, 2024	6	89	3	2
May 31-June 3, 2024	4	94	2	1
February 16-20, 2024	6	92	2	*
August 11-14, 2023	4	94	1	1
May 12-15, 2023	5	92	3	1
February 17-21, 2023	8	91	1	1

#### Received a COVID-19 vaccine or booster

			<u>Don't</u>	
Wave:	<u>Yes</u>	<u>No</u>	Know	Skipped
December 6-9, 2024	26	71	2	1
August 16-19, 2024	5	90	3	2
May 31-June 3, 2024	6	90	2	1
February 16-20, 2024	14	84	1	1
August 11-14, 2023	8	89	1	2
May 12-15, 2023	10	87	2	1

Received mental health assistance (i.e. spoken to a therapist, groups counseling, etc.)

			<u>Don't</u>	
Wave:	<u>Yes</u>	<u>No</u>	Know	<u>Skipped</u>
December 6-9, 2024	12	84	2	1
August 16-19, 2024	12	84	3	1
May 31-June 3, 2024	10	87	1	1
February 16-20, 2024	12	86	1	1

Tried to find mental health assistance, but were unable to

			<u>Don't</u>	
Wave:	<u>Yes</u>	<u>No</u>	Know	Skipped
December 6-9, 2024	3	92	3	1
August 16-19, 2024	4	92	3	2
May 31-June 3, 2024	6	91	2	1
February 16-20, 2024	4	94	2	1





14. In the last three months, have you...? (Continued)

Tried to make an appointment with a primary care physician, but they were booking more than 2 months out

			Don't	
Wave:	<u>Yes</u>	<u>No</u>	<u>Know</u>	<u>Skipped</u>
December 6-9, 2024	14	82	3	1
August 16-19, 2024	17	78	4	1

Received a flu vaccine or booster

			<u>Don't</u>	
Wave:	<u>Yes</u>	<u>No</u>	Know	<u>Skipped</u>
December 6-9, 2024	41	56	2	1

16. In the last three months, have you or anyone in your immediate circle  $\ldots ?$ 

Used cannabis or marijuana

			<u>Don't</u>	
Wave:	<u>Yes</u>	<u>No</u>	Know	Skipped
December 6-9, 2024	20	75	3	2
August 16-19, 2024	21	75	3	2
May 31-June 3, 2024	21	76	2	2
February 16-20, 2024	19	78	3	1
August 11-14, 2023	20	77	3	1
May 12-15, 2023	19	76	4	1
February 17-21, 2023	20	78	2	1

#### Used hallucinogenic drugs

			Don't	
Wave:	<u>Yes</u>	<u>No</u>	Know	Skipped
December 6-9, 2024	2	93	4	2
August 16-19, 2024	2	92	3	2
May 31-June 3, 2024	2	94	2	2
February 16-20, 2024	2	95	2	1
August 11-14, 2023	2	95	2	1
May 12-15, 2023	1	93	4	1
February 17-21, 2023	2	94	2	1





16. In the last three months, have you or anyone in your immediate circle...? *(Continued)*Used prescription pain medications for which they had a prescription

			Don't	
Wave:	<u>Yes</u>	<u>No</u>	Know	Skipped
December 6-9, 2024	24	71	4	1
August 16-19, 2024	24	70	4	2
May 31-June 3, 2024	23	74	2	1
February 16-20, 2024	25	72	3	*
August 11-14, 2023	26	71	2	1
May 12-15, 2023	24	71	4	1
February 17-21, 2023	27	69	2	1

Used prescription pain medications that they did NOT have a prescription for

			<u>Don't</u>	
Wave:	<u>Yes</u>	<u>No</u>	Know	Skipped
December 6-9, 2024	3	91	4	1
August 16-19, 2024	4	91	3	2
May 31-June 3, 2024	3	93	2	1
February 16-20, 2024	3	93	3	1
August 11-14, 2023	3	93	2	1
May 12-15, 2023	3	91	5	1
February 17-21, 2023	4	93	2	1

Used prescription drugs for weight loss (e.g., Ozempic, Wegovy, semaglutide, Alli)

			<u>Don't</u>	
Wave:	<u>Yes</u>	<u>No</u>	Know	<u>Skipped</u>
December 6-9, 2024	11	85	3	1
August 16-19, 2024	8	87	3	2
May 31-June 3, 2024	7	90	2	2
February 16-20, 2024	7	90	2	*
August 11-14, 2023	5	91	3	1
May 12-15, 2023	5	91	4	1
February 17-21, 2023	4	94	2	1

#### Used other illegal drugs

			Don't	
Wave:	<u>Yes</u>	<u>No</u>	Know	Skipped
December 6-9, 2024	1	93	4	1
August 16-19, 2024	2	93	3	2
May 31-June 3, 2024	3	93	2	1
February 16-20, 2024	2	94	3	1
August 11-14, 2023	2	94	3	1
May 12-15, 2023	2	93	5	1
February 17-21, 2023	2	95	2	1

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16. In the last three months, have you or anyone in your immediate circle...? (Continued)

Taken prescription medications for depression or anxiety

			Don't	
Wave:	<u>Yes</u>	<u>No</u>	Know	<u>Skipped</u>
December 6-9, 2024	25	70	3	1
August 16-19, 2024	24	71	4	2
May 31-June 3, 2024	25	72	2	1
February 16-20, 2024	23	74	3	1

60. Have your children received the following vaccines?

Hepatitis

Base: Have children under 18 years of age (n=227)

December 6-9, 2024	76	16	8	*
Wave:	dose for their age	<u>No</u>	Know	Skipped
	<u>recommended</u>		<u>Don't</u>	
	received the			
	Yes, they have			
ia vo orillarori ariaor 10 your	or ago (n=221)			1

Polic

Base: Have children under 18 years of age (n=227)

	Yes, they have			
	received the			
	recommended		Don't	
Wave:	dose for their age	<u>No</u>	Know	Skipped
December 6-9, 2024	80	15	4	*

MMR (Measles, Mumps, Rubella)

Base: Have children under 18 years of age (n=227)

	received the recommended		<u>Don't</u>	
Wave:	dose for their age	<u>No</u>	<u>Know</u>	<u>Skipped</u>
December 6-9, 2024	82	13	5	*

Chickenpox

Base: Have children under 18 years of age (n=227)

December 6-9, 2024	76	17	6	*
Wave:	received the recommended dose for their age	No	<u>Don't</u> Know	Skipped
	Yes, they have			





60. Have your children received the following vaccines? (Continued)

DTaP (Diphtheria, Pertussis, (Whooping cough), Tetanus)

Base: Have children under 18 years of age (n=227)

December 6-9, 2024	80	14	4	1
Wave:	dose for their age	<u>No</u>	Know	<u>Skipped</u>
	<u>recommended</u>		<u>Don't</u>	
	received the			
	Yes, they have			

61. In the past month, have you or someone in your immediate circle...?

Stocked up on birth control pills

			<u>Don't</u>	
Wave:	<u>Yes</u>	<u>No</u>	Know	Skipped
December 6-9, 2024	3	91	5	1

Made an appointment to get an IUD

Wave:	Yes	No	<u>Don't</u> <u>Know</u>	Skipped
December 6-9, 2024	2	92	5	1

Stocked up on abortion pills

Wave:	Yes	No	<u>Don't</u> Know	Skipped
December 6-9, 2024	2	93	4	1

Stocked up on emergency contraception (also known as the morning-after pill)

			<u>Don't</u>	
Wave:	<u>Yes</u>	<u>No</u>	Know	Skipped
December 6-9, 2024	2	92	5	1

Made an appointment to replace an IUD earlier than you needed

Wave: December 6-9, 2024	Yes 2	<u>No</u> <b>92</b>	Know 4	Skipped 1
			<u>Don't</u>	

Made an appointment for surgical sterilization

Wave:	Yes	<u>No</u>	<u>Don't</u> Know	Skipped
December 6-9, 2024	1	94	4	1



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28. How difficult would it be, if at all, for you or someone in your immediate circle to access legal abortion services if you or they needed it?

							Very/	Total Not
	<u>Very</u>	Somewhat	Not too	Not at all	<u>Don't</u>		Somewhat	too/not at
Wave:	difficult	difficult	<u>difficult</u>	difficult	<u>know</u>	Skipped	<u>difficult</u>	all difficult
December 6-9, 2024	8	11	18	17	45	1	19	35
August 16-19, 2024	9	11	17	18	45	1	19	35
May 31-June 3, 2024	8	11	18	18	44	1	19	36
February 16-20, 2024	10	10	17	16	46	1	20	33

19. Which of these is your main source of news?

Wave:	ABC CBS NB CNew Sew	<u>CNN</u>	Cons ervati ve onlin e news	Digital or online news	FOX New s	MS NBC	New York Times/ Washin gton Post	Public televisi on or radio	Social media	Your local newsp aper	Telemu ndo or Univisi on	Other	None of these	Skipped
Decemb er 6-9,	19	4	2	16	11	2	4	7	12	2	2	7	12	*
2024	13	7	2	10	• •		4	,	12		2	′	12	
August 16-19, 2024	17	4	2	16	9	2	3	7	14	2	2	7	14	*
May 31- June 3, 2024	21	4	1	15	9	3	3	8	15	2	2	5	12	1
February 16-20, 2024	21	5	1	17	8	3	4	8	11	2	3	6	12	1
August 11-14, 2023	21	4	1	16	8	3	2	8	13	3	2	6	10	1
May 12- 15, 2023	20	4	1	16	7	4	3	8	11	3	2	7	14	1
February 17-21, 2023	22	3	1	16	10	3	3	6	13	2	2	7	11	1





## **About the Study**

This Axios-Ipsos American Health Index survey was conducted December 6 to 9, 2024 by Ipsos using our KnowledgePanel®. This poll is based on a nationally representative probability sample of 1,002 adults ages 18+.

One respondent was removed from the final data for refusing all of the survey items.

The survey was conducted using KnowledgePanel, the largest and most well-established online probability-based panel that is representative of the adult US population. Our recruitment process employs a scientifically developed addressed-based sampling methodology using the latest Delivery Sequence File of the USPS – a database with full coverage of all delivery points in the US. Households invited to join the panel are randomly selected from all available households in the U.S. Persons in the sampled households are invited to join and participate in the panel. Those selected who do not already have internet access are provided a tablet and internet connection at no cost to the panel member. Those who join the panel and who are selected to participate in a survey are sent a unique password-protected log-in used to complete surveys online. As a result of our recruitment and sampling methodologies, samples from KnowledgePanel cover all households regardless of their phone or internet status and findings can be reported with a margin of sampling error and projected to the general population. KnowledgePanel members receive a per survey incentive, usually the equivalent of \$1 (though for some it is \$2) in points, that can be redeemed for cash or prizes. No prenotification email for this study was sent prior to field. Panelists receive a unique login to the survey and are only able to complete it one time. One reminder email was sent for this study.

The margin of sampling error is plus or minus 3.3 percentage points at the 95% confidence level, for results based on the entire sample of adults. The margin of sampling error takes into account the design effect, which was 1.14. The margin of sampling error is higher and varies for results based on sub-samples. Sampling error is only one potential source of error. There may be other unmeasured non-sampling error in this or any poll. In our reporting of the findings, percentage points are rounded off to the nearest whole number. As a result, percentages in a given table column may total slightly higher or lower than 100%. In questions that permit multiple responses, columns may total substantially more than 100%, depending on the number of different responses offered by each respondent.

The study was conducted in both English and Spanish. The data were weighted to adjust for gender by age, race/ethnicity, education, Census region, metropolitan status, household income, and party identification. The demographic benchmarks came from 2024 Current Population Survey (CPS) from the US Census Bureau. Party Identification came from the 2024 National Public Opinion Reference Survey (NPORS). The weighting categories were as follows:

- Gender (Male, Female) by Age (18–29, 30–44, 45–59, and 60+)
- Race/Hispanic Ethnicity (White Non-Hispanic, Black Non-Hispanic, Other or 2+ Races Non-Hispanic, Hispanic)
- Education (High School graduate or less, Some College, Bachelor, Masters and beyond)
- Census Region (Northeast, Midwest, South, West)
- Metropolitan status (Metro, non-Metro)





- Household Income (Under \$25,000, \$25,000-\$49,999, \$50,000-\$74,999, \$75,000-\$99,999, \$100,000-\$149,999, \$150,000+)
- Party ID (Republican/lean Republican, Independent/Something else, Lean Democrat/Democrat)

This topline includes trended data, where applicable. The field dates and sample sizes for previous Axios/Ipsos American Health Index surveys are as follows:

Wave:	Interview dates:	Interviews:
Wave 7	December 6-9, 2024	1,002
Wave 6	August 16-19, 2024	1,063
Wave 5	May 31-June 3, 2024	1,042
Wave 4	February 16-20, 2024	1,247
Wave 3	August 11-14, 2023	1,162
Wave 2	May 12-15, 2023	1,095
Wave 1	February 17-21, 2023	1,213

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## **About Ipsos**

lpsos is one of the largest market research and polling companies globally, operating in 90 markets and employing over 18,000 people.

Our passionately curious research professionals, analysts and scientists have built unique multispecialist capabilities that provide true understanding and powerful insights into the actions, opinions and motivations of citizens, consumers, patients, customers or employees. Our 75 solutions are based on primary data from our surveys, social media monitoring, and qualitative or observational techniques.

Our tagline "Game Changers" sums up our ambition to help our 5,000 customers move confidently through a rapidly changing world.

Founded in France in 1975, Ipsos has been listed on the Euronext Paris since July 1, 1999. The company is part of the SBF 120 and Mid-60 indices and is eligible for the Deferred Settlement Service (SRD).ISIN code FR0000073298, Reuters ISOS.PA, Bloomberg IPS:FP <a href="https://www.ipsos.com">www.ipsos.com</a>

